

MATANEL FOUNDATION

ACTIVITY REPORT

Program: *Developing Skills in AlManarah Center for Independent Living*

Year: 2025

Please present your activity report according to the following lines. The whole rapport will not exceed 2 or 3 pages (as word document).

Name of the Program: Developing Skills in the AlManarah Center for Independent Living

Year of activity: 2025

Name of the report's writer: Adv. Abbass Abbass

Function of the report's writer: Founder and CEO, AlManarah Association for the Advancement of Persons with Disabilities

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Website / Facebook address of the organization:

Website: www.almanarah.org | Facebook: [AlManarah Association](https://www.facebook.com/AlManarahAssociation)

Number of active participants in the program:

25 direct participants with disabilities in hands-on independent living trainings (kitchen and model apartment), plus additional 15 participants in computer skills courses and media production activities.

Estimated number of impacted participants:

4,000+ students and community members reached through "Diversity as a Leverage" workshops, and wider audiences from around the world reached via podcasts and the ArabCast Books audiobook library app.

Give the actually state of the program (where the program stands at the date of the activity report, no more than ten lines):

During 2025, the program operated from AlManarah House – the center for Independent Living in Nazareth – serving as an incubator for skills-building and social inclusion initiatives for persons with disabilities. The center's key facilities (multipurpose activity spaces, educational kitchen and model apartment, assistive technology center, and recording studios) supported the delivery of practical trainings, digital literacy courses, and empowerment activities. In parallel, the program continued to run awareness and exposure workshops for schools and the broader community to reduce stigma, strengthen empathy, and promote a shared-society approach.

The main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

Key achievements and outputs during 2025 included:

- Computer Skills Courses: 5 courses planned and implemented to strengthen independent digital use and access to services.
- Independent living trainings (Educational Kitchen & Model Apartment): 1- practical sessions, training 18 persons with disabilities in daily-life skills.
- “Diversity as a Leverage” awareness workshops: 124 workshops facilitated by trainers with disabilities, reaching approximately 4,000 students and other participants.
- Media and voice: recording 115 new audiobooks for the ArabCast Books Library App and producing 24 podcasts amplifying the voices and stories of persons with disabilities.
- Operational strengthening: staffing, equipment, and utilities were secured to support continuous activity and partnership work.

The evaluation (methodology, results, comparisons with the precedent year, conclusions for the future...):

Evaluation combined quantitative tracking (attendance lists, number of sessions delivered, content produced and reach indicators) with qualitative feedback (participant satisfaction, facilitator reflections, and partner input). Participants in skills trainings were assessed through practical checklists (e.g., safe kitchen routines, use of assistive devices, and independent task completion) and simple pre- and post-self-report tools on confidence and autonomy. For the “Diversity as a Leverage” stream, we collected feedback from educators and students on attitudes toward disability and inclusion. Compared with the previous year (establishment of AlManarah House and preparation phase of the Activities), 2025 reflected a clear expansion in activity volume and community reach. Key conclusions for 2026 are to deepen outcome measurement (pre- and post-tools and follow-up) and to further strengthen pathways to employment and community participation.

Provisional guidelines for the advancement of the program in the next year:

- 1) Expand the number of skill-development courses (digital literacy, independent living, and employability) and diversify levels to serve beginners and advanced participants.
- 2) Strengthen partnerships with schools, municipalities, and government ministries to scale the “Diversity as a Leverage” workshops – known today as "Hakaytna – Our Story": Interactive Awareness Program – and integrate them into annual school plans.
- 3) Enhance the assistive technology component—including training, troubleshooting, and individual consultations—while also advancing our Employment Excellence program and promoting digital literacy, to increase daily independence, employability, and access to services.
- 4) Grow the media outputs (audiobooks and podcasts) and improve dissemination to reach broader audiences in Israel and abroad.

- 5) Improve monitoring and evaluation through standardized tools, clear indicators, and periodic reporting to strengthen learning and sustainability.

Please join the Evaluation Report, the Financial Report and the list of the participants to the program (**as PDF documents**)

Please join photos – as **JPG files** – and any link or any other document connected to the program which will seem to you relevant – as **PDF document**.

Please join a 5 minutes movie which presents your institution and the particular project supported by the Matanel Foundation. The movie should be accessible to the philanthropic world and to other potential donors.