

MATANEL FOUNDATION

ACTIVITY REPORT

Program: Matanel Fellows for Sustainable Development

Year: 2024

Please present your activity report according to the following lines. The whole rapport will not exceed 2 or 3 pages (as word document).

Name of the Program: Matanel Fellows for Sustainable Development

Year of activity: 2024

Name of the report's writer: Elana Silver

Function of the report's writer: Director of Development

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Number of active participants in the program:4

Estimated number of impacted participants:

- 26 YSP participants
- 100 villager farmers

1. Give the actual state of the program (where the program stands at the date of the activity report, no more than ten lines):

The Matanel Fellows for Sustainable Development program in 2024 has been completed. This year, Tevel hosted 6 fellows (one group of 2 and one group of 4 participants). Each group engaged in work with Tevel's YSP participants and with the community over a 4 week period. Volunteers taught a wide range of subjects to participants in our Youth Service Program (YSP) as well as village farmers and also volunteered working on our demonstration farm.

Over a four-week period, each participant led 2-3 workshops per week focused on their unique area of expertise.



Benji Elson, a licensed therapist, introduced participants to talk therapy as a healing method. Through discussions on various therapeutic approaches, such as storytelling, and engaging in mini-storytelling exercises, participants explored the power of narrative in personal growth and emotional processing.

Ma'ayan Safanov, an accomplished soccer player, conducted separate soccer sessions for male and female participants, offering not only a fun recreational outlet but also an opportunity to strengthen teamwork and collaboration skills.

Julian Kahlcke, a math teacher, provided daily math lessons aimed at empowering villagers

participating in the savings groups initiative with essential numeracy skills.

Additionally, Shira Bar-Chaim led financial orientation sessions, covering critical topics like budgeting to promote economic self-reliance.

Miriam Soussa facilitated workshops centered on art and theater, providing creative avenues for storytelling and emotional expression, while Itai Techovoy conducted meditation workshops, fostering mindfulness and supporting participants' mental health.

Collectively, these activities have enriched the participants' skill sets and promoted their emotional, social, and financial well-being.



2. The main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

With support from the Matanel Fellows Program, Tevel introduced a new cohort of young changemakers to the complexities of global poverty and social justice, offering them an opportunity to explore key issues in international development. These volunteers actively contributed by teaching English, math, financial literacy, wellness and sport to village youth participating in our Youth Service Program (YSP) and local farmers. Additionally, they worked hands-on at our demonstration farm, contributing to its development and success.

The YSP warmly welcomed the volunteers, who enriched the program with their knowledge and skills, leaving a lasting impact on both participants and the community. This collaborative experience highlighted the potential for future program expansion, paving the way to enhance Tevel's impact not only in Mphande but throughout the wider region as our model project grows.

3. The evaluation (methodology, results, comparisons with the precedent year, conclusions for the future...):

To assess the program's impact, we gathered detailed feedback from both fellows and YSP participants. Their insights informed an analysis that revealed several critical outcomes:

Benefits to YSP Participants

Direct engagement with participants highlighted the program's tangible impact on their personal and skill development. Feedback emphasized the desire for similar future initiatives and helped identify areas for improvement, ensuring the program continues to meet their needs effectively.

Community Acceptance of Volunteers



The quality of relationships between fellows and the YSP participants was a vital success criterion. The evaluation underscored the mutually rewarding interactions, demonstrating the value of building trust and fostering collaboration.

Conclusions

Interviews with participating fellows brought valuable lessons, enabling us to refine and improve implementation in the future. One key takeaway is the importance of setting clear expectations for volunteers, as some may initially overestimate the scope of their role and impact. Enhanced preparation and

and improve implementation in the future. One key takeaway is the importance of setting clear expectations for volunteers, as some may initially overestimate the scope of their role and impact. Enhanced preparation and

communication will ensure that volunteers understand their responsibilities, contributing more effectively. Additionally, we are exploring the potential benefits of engaging more professional volunteers and are considering partnering with Hebrew University's Glocal Program for future cohorts.

By committing to ongoing refinement and incorporating lessons learned, we aim to expand the program's reach and deepen its impact in the coming year.

Volunteer/Fellow Highlights

I learned a lot from my time in the village with Tevel b'Tzedek where I gained many tools for life.

Being in such a different world, where resources are so much more limited and value changed the way I appreciate and consume in my day to day life.

I learned a lot about humanity being around such a wonderful group of people, from the vibrant and strong willed YSP members, who taught me so much about true happiness and determination despite facing very serious challenges stacked, to the staff at Tevel b'Tzedek, with their passion and true love for the project and the people it affects, to the villagers and their beautiful open hearted acceptance of strangers into their communities.

I learned how to give in a way that is truly needed.

I gained a lot of confidence and I gained a lot of appreciation.

-Miriam Souza, Israel





I learned a lot for my future life during my stay in Zambia.

First of all I met people that I'm blessed to be able to call friends.

I loved to learn about their culture and view on the world.

I learned through teaching maths to the YSP what a valuable good education is and how our western culture takes it for granted and even frowns upon it.

It was very interesting to see how divided the country is economically, in the cities and the countryside.

I'm really grateful for the opportunity and I'm deeply impressed about what you are doing with the NGO. Your work has so many meaningful layers! So thank you for letting me stay and teach, I hope and think it was beneficial for all sides.

- Julian Kahlcke, Germany

4. Provisional guidelines for the advancement of the program in the next year

As mentioned Tevel is exploring avenues for cooperation with the Hebrew University Global with whom we have a deep connection. Tevel is also reaching out to various universities in Israel and the United States to advance a fellowship program next year either in coordination with a university program, or with students from those universities on our own. Israel's security situation is an important factor in our ability to recruit and run a successful program next year, though this changes all the time.

As we move forward we seek to work with older fellows with professional and useful experience.

5. Please join the Evaluation Report, the Financial Report and the list of the participants to the program (as PDF documents)

[Please see photos and photos of passports \(each photo is labeled\)](#)

Name of Fellow	Entrance Zambia Date	Exit Zambia Date	Funding Request
Ma'ayan Safanov	June 30th	July 28th	\$500
Julian Kahlcke	July 30th	September 4th	\$500
Shira Bar-Chaim	June 30th	July 30th	\$500
Benjamin Elson	June 30th	July 24th	\$500
Miriam Souza	June 30th	July 22nd	\$500
Itay Tchechovoy	June 30th	July 22th*	\$500
Total Funding Request			\$3000

* Unfortunately we are unable to send a photo of Itay's entry and exit permits as they were given to him separately and he has since lost them. Micha Odenheimerspoke with Ami who said we can submit a request without proof of entry and exit for this fellow