

MATANEL FOUNDATION

ACTIVITY REPORT

Program:

Year:

Please present your activity report according to the following lines. The whole report will not exceed 2 or 3 pages (as word document).

Name of the Program: Mechinat Yeruham

Year of activity: 2023-4

Name of the report's writer: Tal barsheshet & Daniel Kedem

Function of the report's writer: Tal - Development Manager, Daniel - Head of the Mechina.

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Website / Facebook address of the organization:

<https://kulna.org.il/my/>

Number of active participants in the program: 46 pre-military academy participants, 30 elderly individuals

Estimated number of impacted participants: 70 of the Participants

Give the actually state of the program (where the program stands at the date of the activity report, no more than ten lines):

In a few days, on September 1st, a new cohort will begin at the pre-military program, and right after the holidays, the Mechina participants will resume their activities at the senior living facility. During the transition between years, Daniel, the academy's director, ensures that the connection with the senior living facility is maintained.

The main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

Given that the past year was marked by war, the importance of Perach Zahav volunteering became even more pronounced. Several Mechina participants volunteered weekly at the senior living facility in Yeruham, leading to 20 consistent and well-organized meetings. In addition to the regular residents, elderly individuals evacuated to a hotel in Yeruham were also included, with the academy participants ensuring they had opportunities for joint activities.

These regular meetings were complemented by various initiatives and special events, such as Hanukkah candle lighting, a sports day featuring physical activities with the elderly, and the construction and decoration of sukkahs for the elderly in preparation for the holiday.

While the Mechina participants took great joy in organizing these events, their primary focus was on the personal connections and relationships they formed with the residents.

The special events saw the participation of around 100 people, including academy members, senior living facility residents, staff, and family members.

The evaluation (methodology, results, comparisons with the precedent year, conclusions for the future...):

This year was challenging compared to previous ones due to the war, which made it difficult to carry out activities. However, the participants gained a deep understanding of the impact they can make in places like the senior living facility, which led to a sense of unity and increased motivation to maintain this vital connection.

The collaboration with the senior living facility in Yeruham was successful and fruitful. Irit, the liaison with whom Daniel, the academy's director, worked closely, was fully supportive of expanding activities, adding initiatives, and organizing joint special events. This approach allowed us to increase our presence at the center, and the results were highly positive for both the Mechina participants and the elderly. The encounters brought great joy and fostered personal connections during each visit.

Provisional guide lines for the advancement of the program in the next year:

- Maintaining Connection with Irit and the Center During the Break Between Program Year. .1
- Brainstorming with the Center's Staff on How to Create More Special Events That Have Garnered Great Enthusiasm. .2
- Discussing Volunteering Opportunities with Prospective Mechina Participants During Pre-Visit Meetings. .3

Please join the Evaluation Report, the Financial Report and the list of the participants to the program (as PDF documents)

Please join photos – as JPG files – and any link or any other document connected to the program which will seem to you relevant – as PDF document.

Please join a 5 minutes movie which presents your institution and the particular project supported by the Matanel Foundation. The movie should be accessible to the philanthropic world and to other potential donors.

Costs for the Matanel Perach Zahav Program		
Total	Cost per Participant (12)	Item
₪ 24,960.00	₪ 2,080.00	Coordinator
₪ 9,000.00	₪ 750.00	Content Development
₪ 15,000.00	₪ 1,250.00	Materials
₪ 8,000.00	₪ 666.67	Workshops
₪ 56,960.00	₪ 4,746.67	Total
\$ 16,274.29	\$ 1,356.19	Total USD

₪	In come
₪ 45,000.00	Methanel Foundation
₪ 11,960.00	"Tzeirim Biyeruham" Kulna
₪ 56,960.00	Total

	Details
	Volunteer program coordinat
	Relevant content developme
	Material for renovations and
	Ongoing workshops (8)

	\$
\$	12,857.00
\$	3,417.00
\$	16,274.00