MATANEL FOUNDATION

ACTIVITY REPORT

Program*:"Perach Zahav "*
Year: *2022/ 2023 Academic Year*

Please present your activity report according to the following lines. The whole rapport will not exceed 2 or 3 pages (as word document).

Name of the Program: Perach Zahav

Year of activity: 2022/23

Name of the report's writer: Dana Shahar

Function of the report's writer: External Relations and Development

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Website / Facebook address of the organization: https://musrara.co.il/

Number of active participants in the program:18+ Coordinator (2 aimed scholarships towards the coordinator)

Estimated number of impacted participants: 25

Give the actually state of the program (where the program stands at the date of the activity report, no more than ten lines):

The program is continuing. Some of the participants finished their obligatory hours, but still remain in close relationships with their assigned elderly person and continue their weekly meetings as special personal relations were established.

The main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

The close and lasting bond that the students have created with their assigned elderly people is an exciting achievement.

Many of the students found common interests with their assigned elderly such as: chess games, art, music, etc.
Sometimes the students accompanied the elderlies to medical examinations when the need arose, connected them to technological means (arranged a computer donation or taught online games), went to cultural events together (such as exhibitions or plays).
Asaf Salomon has bonded on many levels with Shabtai and they continue to meet as Asaf found a grandfather in Shabtai and Shabtai adopted Asaf as a grandson:

https://m.facebook.com/story.php?story_fbid=pfbid0Gj8jCAdNJoRvHBzQBXFUoFJeUaYzRK3stHPnXUR3UPNyA7oLnRRbnUXKEwAfb19Zl&id=100064843535106&mibextid=Nif5oz

The evaluation (methodology, results, comparisons with the precedent year, conclusions for the future…):

The students are often very involved in the project. The more they continue with the scholarship for another year, the tighter the connection between them and the elderlies are, and the more successful is the relationships that is forged between them.
It is important that the students receive support throughout the year and know that they have the program coordinator to turn to.
On the first stages of the scholarship the coordinator works in close collaboration with professionals of the local municipality who, for their part, assist in initial mediation with the elderly.

Provisional guide lines for the advancement of the program in the next year:

As with any relationship, it takes time to build trust and consistency and the accompaniment of the coordinator is important so that the connection is made gradually due to the difficulty of the elderly to trust and the physiological and mental difficulties he/she faces.
If the students get to know each other better, they will also be able to consult with each other and connections will also be made between the elderlies if they are geographically close - and that has value in itself.
Also, it is important that the coordinator knows aid organizations for the elderly in order to direct the grantees if necessary.

Next year, our program coordinator, Vered Rahat, is to be promoted to head our Department of Phototherapy in Musrara, thus Nitza Sharon, graduate of the Department with a broad background in therapy for old age, will take over this position.