

MATANEL FOUNDATION

ACTIVITY REPORT

Program: Perach Matanel- Yehiva Orot Shaul

Year: 2022

Please present your activity report according to the following lines. The whole rapport will not exceed 2 or 3 pages (as word document).

Name of the Program: Perach Matanel- Yehiva Orot Shaul

Year of activity: 2022

Name of the report's writer: Shmuel Buchris

Function of the report's writer: Head of Yeshivat Orot Shaul's Volunteer Programming

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Number of active participants in the program:

35 yeshiva students participated – some of them conducted group activities at the elderly centers, once a week and before every holiday throughout the year, and some hold personal meetings with the elderly on a weekly basis.

Approximate number of affected participants:

The number of people affected by the project is about 150 elderly people who took part in one way or another in the activities carried out by yeshiva students.

Today, the program is nearing the end of the year – some of the participants in the project will not be here next year and some have chosen to finish the effective sessions recently. We stand to renew the project and refresh it for next year.

Specify the actual status of the plan (where the plan stands on the date of the activity report, no more than ten lines):

We currently operate with two senior centers: the "Hymes" day center for the elderly in the Shapira neighborhood and the Beit Amiaz club in the Kiryat Shalom neighborhood. We started with the students' acquaintance meetings with the elderly. In these meetings we reached about 150 elderly people. Through Kabbalat Shabbat, words of Torah and songs in both places, we actually introduced ourselves to the elderly. In addition to the group activities, there is personal guidance – the beginning was relatively difficult due to the lack of responsiveness on the part of the elderly and fear of commitment on the part of the students. At Hymes we have 3 seniors who chose to participate, each got a guy with whom they meet once a week at the elderly

person's home or club, and the meeting lasts about an hour and a half. At Beit Amiaz there was a higher response and currently there are 7 pairs of elderly and student in the same format as one meeting a week.

Main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

At the request of the centers and according to their needs, we hold a Shabbat reception once a week on Thursday at the Hymes Center. As well as a short lesson by one of the guys once every two weeks at Beit Amiaz.

In addition to the weekly meeting with the entire senior citizens club (40 people), we held peak meetings for each holiday throughout the year. High Holidays, Hanukkah, Purim and Passover. In these events, we invested more in terms of the number of people who came, as well as in terms of food and preparation of appropriate activities. These meetings created dialogue and closeness in addition to the joy and singing that was usual.

After Passover, a chess class was held in the retirement home, taught by 4 students from the yeshiva. The activity was a great success!

Evaluation (methodology, results, comparisons to the previous year, conclusions for the future...):

The project was a great success among those who participated in it. We plan to continue it next year. Please see appendix for feedback, comments and photos.