



**To the Methanel Foundation,**

We are happy and excited to summarize half a year of joint activity. During this period we were able to produce significant intergenerational connections and reduce the loneliness of the senior citizens who took part in our activities, from one time meeting to weekly connections that were established.

Thanks to your support our project is growing, more senior citizens are connecting to the local community and more young people are participating in community activities near home.

In this report we will summarize the activities so far. We are happy to hear your feedback on this work, and we look forward to the second half of the partnership between us.

Sincerely,

Yuli Halel and Nir Issachar.

**Summary of the activity:**

- **76 Constant connections-10% of the connections made**
- Connection dosends of a young volunteer to a senior citizen in the community, performing a follow-up and mutual feedback to the young and old at the end of the meeting.
- Leading a team of volunteers - each volunteer invests at least 3 hours a week in conversations with dozens of senior citizens in order to alleviate loneliness and connect them with young people from the community for spot assistance and social gatherings.
- Providing an additional solution if necessary to incapacitated senior citizens - connecting with professionals from the community for repairs and renovations to the home, transportation in taxis and deliveries of food packages.

<b>quarterly:</b>	<b>Hours of activity at the call center:</b>	<b>Number of referrals from senior citizens:</b>	<b>Number of intergenerational encounters:</b>	<b>Percentage response:</b>
<b>Q4: October-December 2021</b>	<b>360</b>	<b>403</b>	<b>319</b>	<b>79%</b>
<b>Q1: January-March 2022</b>	<b>360</b>	<b>641</b>	<b>447</b>	<b>69%</b>
<b>Total:</b>	<b>720</b>	<b>1044</b>	<b>766</b>	<b>74%</b>



Perach Zahav  
**MATANEL**

	<b>Name of volunteer: (96 hours, 8 months)</b>	<b>Mail Address:</b>
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## **Volunteer experiences:**

### **Nil Bublil- weekly meetings**

**I have known Irit for the past year as a volunteer at the association. Irit is a senior citizen living in the city of Herzliya and I am a student at Reichman University who also lives in the city. The connection formed between me and Irit is special and exciting. Irit lives alone and has one daughter but she lives far away from her so most of the time she is alone, there is no one to help her or to keep her company.. From the first moment I met Irit, she opened up to me and told me her personal story. A connection was formed between us and I suggested that we exchange phone numbers so that she could call whenever she wanted and so it was. On one occasion Irit called me and said she would like to meet me tomorrow for coffee, spontaneously. I was so happy and of course I found the time to meet her. The relationship between us continues today and we share with each other everyday experiences like good friends, and even in one of the meetings we went together to a dance evening at the community center closest to her home.**

### **Yarin Tiferet:**

My name is Yarin Tiferet and I have been volunteering for almost half a year at the 20-80 organization. I am happy to write about my volunteer experience at the 20-80 Association, which deals with the creation of intergenerational connections between senior citizens and young people in order to reduce the feeling of loneliness, mainly through technological tools.

As part of my volunteering at the association, I took part in HaMoked's work, most of whose work is to take direct inquiries from senior citizens and pass them on to the various projects in the association. I was happy to know and take part in every request and help to every senior citizen in the country and I felt every time I volunteered that I had a significant and vital part for the person who calls and turns to the association.

The association's staff is recruited to contribute to its success, I consider the association a charming, important and necessary venture especially today and its exposure to the community is very important.

The atmosphere in the volunteer team is no less important in the association and this is what I had a very pleasant time seeing, there were team evenings, support for the volunteers and a sympathetic ear from all the senior staff.

I have undoubtedly experienced an amazing time volunteering and I highly recommend taking an active part in this blessed association that does sacred work for everything!

Sincerely,

Yarin Tiferet.



**Efrat Ezra:**

My name is Efrat Ezra and I have been volunteering for almost half a year at the 20-80 organization. I chose this association out of an interest in getting to know in depth an association that deals with the creation of intergenerational connections.

In each volunteer shift I am happy to help, listen and take part in any appeal to senior citizens who are deployed across the country.

I consider the project to be of great importance and the association's staff do sacred work, are recruited, harnessed to the success of the association and always think ahead how to help more.

No doubt I knew and experienced a period of important and amazing volunteering.

Highly recommend taking an active part in the association!

Efrat Ezra.

**Shoval Ratzon:**

I chose to volunteer at the association because I wanted a framework in which I could volunteer in a different and varied way that I had not experienced before.

I did not imagine how empowering and mind-expanding this experience would be - and of course heart-expanding.

I have phone calls at the hotline with elderly people calling from all over the country, sometimes just talking and unloading, sometimes in important situations they really need help bringing medication, repairs and maintenance, travel, situations they are looking for a little company and a volunteer to come relieve their loneliness is just the tip of the iceberg behind the amazing association This one. Everything is done on a full volunteer basis by very dedicated people and staff.

The team that manages everything and the volunteers who come physically work with dedication, love and a real sense of mission to help and it is exciting every time again to be a part of them.

From the many conversations I have had so far with the communicating population - the need for this association is necessary and even saves a lot of the elderly in a lot of indescribable aspects. The

connections that are made between the young and the elderly are heartwarming and necessary for us a young ball for the rest of life, there is a lot to learn from this population and it is a resource and a privilege that we do not know how to appreciate enough and that is exactly what the association cares about.

I am grateful for the privilege and walk around much more comfortably knowing that there are people and such an association is important in our country.

### The impact In the last six months:

- 720 Hours of activity at the call center
- 766 Intergenerational connections created
- **10% of the connections are constant - 76 constant connections**
- Real-time assistance for senior citizens in the community
- Reducing loneliness among senior citizens
- Increasing the involvement of young people in the community
- Increasing community resilience
- **Financial assistance in taxis for medical treatment - 4,730 NIS**
- **Financial assistance in repairs and renovations - 100,000 NIS**

### Budget:

Description	Requested	Actual execution	
<b>coordinators</b>	<b>30,000 NIS</b>	<b>30,000 NIS</b> of 48,000 NIS total	Coordinator in the amount of 75% of the position. Leading the project and accompanying the volunteers.
<b>Application - product</b>	<b>2,000 NIS</b>	<b>2,000 NIS</b> of 7,300 NIS total	Call center system and software house services
<b>content and knowledge</b>	<b>2,000 NIS</b>	<b>2,000 NIS</b>	accompaniment of a social worker
<b>Training</b>	<b>3,300 NIS</b>	<b>1,800 NIS</b>	Staff training
<b>Insurance</b>	<b>500 NIS</b>	<b>2,000 NIS</b> of 4,500 NIS total	Insurance for the team of volunteers and residents of the communities active in the project
<b>Amazon cloud</b>	<b>500 NIS</b>	<b>1,000 NIS</b> of 3,500 NIS total	
<b>Website</b>	<b>1,500 NIS</b>	<b>1,500 NIS</b>	Website storage and maintenance
<b>Accountant</b>	<b>4,500 NIS</b>	<b>4,000 NIS</b> of 8,000 NIS total	Accountant, bookkeeping, legal advice, fees
<b>Total</b>	<b>44,300 NIS</b>	<b>44,300 NIS</b>	



Perach Zahav  
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**Pictures:**

