

אוניברסיטה בעם

הידע מגיע לכולם



'Access for All' 2018-2019

End of Year



אוניברסיטת בן-גוריון בנגב
Ben-Gurion University of the Negev



האוניברסיטה העברית בירושלים
THE HEBREW UNIVERSITY OF JERUSALEM



JEWISH FEDERATIONS OF CANADA - UIA
הפדרציות היהודיות בקנדה - UIA
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משרד העבודה הרווחה
והשירותים החברתיים
וזכרונות לישראל



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Program Founder - Dr. Adi Koll

Dear Access for All family,

Here we are summarizing another year. Our 14th year in fact. Quite a long period.

Several weeks ago I attended the graduation and certificate award ceremony at Tel Aviv University, and once again I was moved to tears (this time privately and not publicly on the stage as in previous years).

Each time anew it is amazing to see the power of the Access for All experience – the personal relationship between the participants and the instructing-students, that while centering on the learned professional knowledge, grows closer and deeper and develops into genuine friendship. 14 years, and the ceremonies are similar –reflecting the invaluable opportunity for joint learning, embodying something that is stronger and bigger than all of us. The instructing-students may change, as well as the coordinators and managers, even the management team, but the intensity of emotion and the learning quality remain the same.

Speaking about personnel changes, this year we said goodbye to the Program Head, Tzach Ekshtein, who embarked on a new and challenging path as the Chairperson of Kibbutz Ramat Hakovesh. On behalf of myself and the members of the Advisory Committee I would like to wish Tzach much success and remind you that you do not leave a family (Tzach of course knows this, which is why I saw him with his daughter at the end of year ceremonies with a big smile on his face).

And of course, I would like to welcome the new Program Head, Yechiam Raziel. Yechiam has big shoes to fill, and takes upon himself a position with never-ending tasks, but also of great significance that offers endless satisfaction. His most vital mission will be to continue to spread this magic, and we are here to accompany and assist him in any way possible.

It goes without saying that it is a great honor to continue to accompany Access for All. It fills my heart with pride to read the summary report and to see that we were also successful this year in innovating and developing, in reaching new audiences – in new localities in Israel, in new communities of young people and the young at heart (Golden Flower). We were also successful in harnessing our graduates to continue their activist social activities in the Initiating Communities framework.

The AFA was ahead of its time in understanding the importance and great need of learning throughout life. Today it is well-known and accepted that in order to find one's place in modern life one must develop personal and social responsibility, multi-cultural awareness and flexibility, and plan one's life and career - and that this can only be achieved through continuous learning.

The AFA program views learning as a means of personal, economic, social and cultural development, as vital in contending with life's changing demands. Learning in the AFA framework cultivates community power, builds trust and mutual commitment, develops social cohesion and serves as a means of narrowing social gaps and contending with cultural and environmental challenges. Thus it enables its graduates a better starting point.

I was glad to read the words of AFA students and instructing-students throughout the report, attesting to the fact that beyond the formal learning and practical knowledge which they acquired, they met people from different backgrounds, developed social awareness and responsibility, and mainly received an important toolkit for continued independent learning on their own.

The technological age affords endless ways to acquire knowledge, but also leaves us in the hands of the internet, and many times – alone. Access for All enables its participants to get out of the house, meet new friends, cooperate and grow, thus helping to mitigate the loneliness epidemic that plagues society in the 21st century.

I hope that as a society and as a program we adopt learning as a way of life, and that we do it together with others, based on a meaningful partnership.

I would like to thank all those taking part in this undertaking - the wonderful AFA team, the amazing partners in local government, in the Ministries of Health and of Social Affairs and Social Services, to the generous donors that continue to accompany us for many years.

Good luck to all,

Adi Koll



Program Head - Yechiam Raziel

For those of you – reading this report, and accompanying the work of Access for All – the program staff, donors, the universities, the program's numerous professional partners in the Ministry of Social Affairs and Social Services, the Ministry of Health, in the municipalities and local government;

Sometimes, when we are involved in our continuous work, our attention is absorbed in the details and we lose the ability to appreciate the beauty of the big picture.

As a Program Head without prior knowledge about the program, I would like to draw the big picture that I found over the past few months.

First, I got to know the program team, both individually and together – from the instructing-students who dedicate themselves to realizing the program's value vision, through the coordinators who ensure the excellence of classroom learning and experience, to the amazing staff of managers that drive all program processes. They are all professionals, but no less important – they put their heart and soul into this endeavor. And they do so with sensitivity and caring that colors the entire undertaking in warm colors.

I met our partners in the Ministry of Social Affairs and Social Services, in the Ministry of Health, in the municipalities and local governments, and found professionals who believe in the program and its impact, but more importantly – believe in the students and their abilities. I found individuals who with one hand draw precise and quality courses of action, and with the other hand bring hope and light to Israeli society.

The donors, who continuously accompany the program, for whom a value-based discourse puts a sparkle in their eyes and thanks to their generosity of heart, time and effort help make the magic happen.

I worked with people at the universities, who not only make the program possible but also drive it forward, continuously, and create the framework within which all the activity takes place.

All these come together, each one of the hundreds of individuals who take part and are involved in Access for All. They help build an organization that creates genuine change, that makes a real impact in the lives of many in Israeli society.

And I met the students. And I heard life stories. I heard what Access for All means to them. And I learned that for each and every one of them Access for All is an experience that is slightly different, that fills a different need. Yet there is one common denominator, a common thread that connects all the experiences, it is called – change. A change of viewpoint or of a way of life, big and significant change or a very specific change. Regardless of its scale and scope, for all our students these are positive changes. And this is in fact our collective goal.

This is the picture of the magic of Access for All. It may be difficult to pinpoint, but it is present in every conversation, in every class and in every meeting.

I did not expect to fall in love so quickly, but it happened.

I am excited to lead Access for All, to continue to spread the magic!

I would like to thank all of you from the bottom of my heart for taking part in this endeavor.

Yechiam Raziel

'Access for All' acts to cultivate an egalitarian society that enables every individual to realize him or herself and to be a significant citizen in the community, by creating a meeting between the university and weakened populations.

(Program Vision)

The **'Access for All'** program strives to open the gates of universities in Israel to weakened population groups and to enable them to acquire useful and vital knowledge in the knowledge areas studied within their walls. The program is unique model in the world of adult education for weakened populations.

**Wide geographic dispersion
and 4 universities**



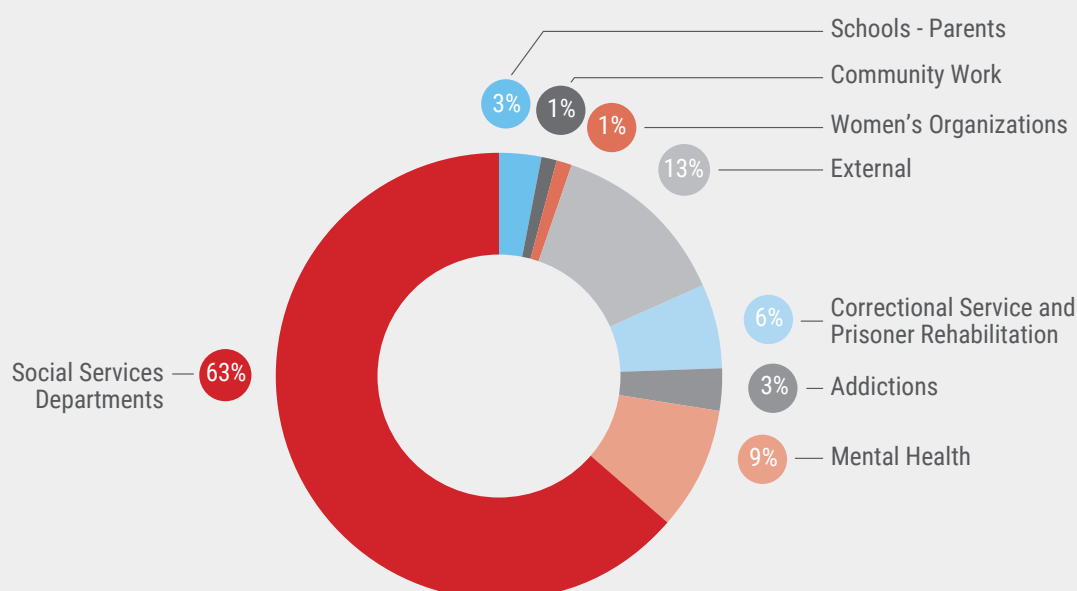
2172

**study in 4 annual
courses**

Law
Medicine
Psychology
Business Administration

84

**instructing-students
pursuing an
undergraduate degree**



What Do We Do?



Bridge social barriers

Act to level the playing field of opportunities and to narrow knowledge and education gaps

Create a meeting point

Conduct significant meetings between the students, and between them and the instructing-students, in order to create a dialogue between population groups in Israel that usually do not meet.

Develop significant citizenship

Encourage the students to take responsibility for their life, based on awareness and thought, for their own benefit and for that of their family and their surroundings

Leverage knowledge that is accumulated in academia for social undertaking, in the evening hours when 'standard' academic activity does not take place.

Empowering Learning
Innovative study methods that strengthen individual abilities, develop curiosity, create motivation and provide tools that will enable students to continue to study and develop.

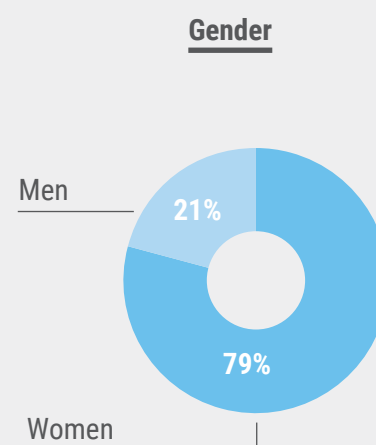
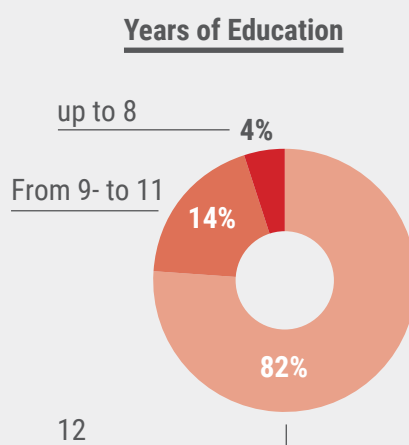
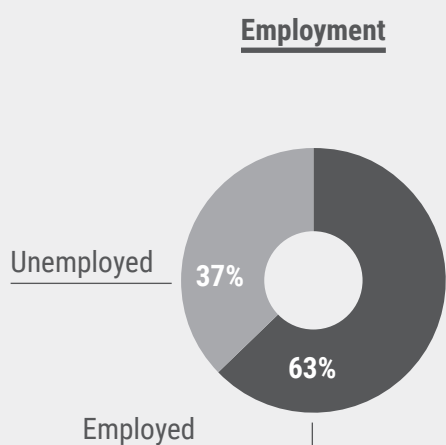
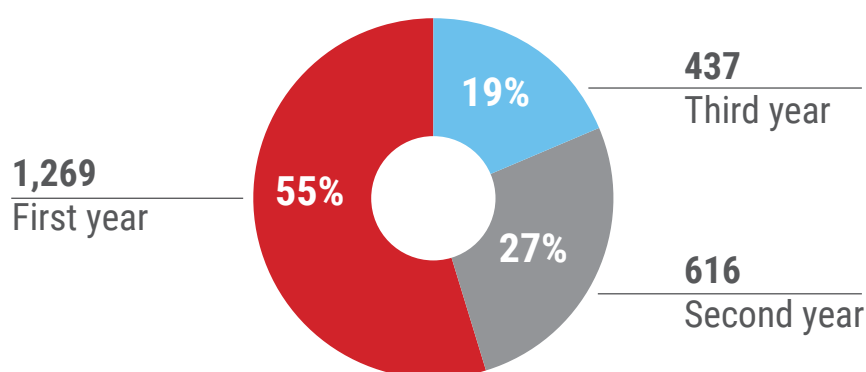
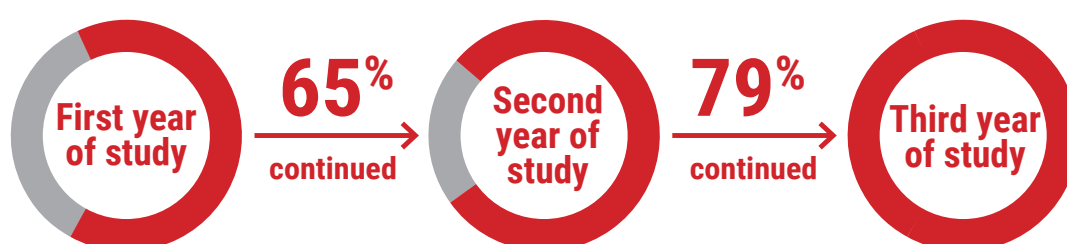


Remove barriers and enable accessibility by providing organized transportation, refreshments and an individual relationship.

Professionally and academically accompany the instructing-students and address gaps in society and in education.

'Lean' cost structure that yields a high social return vs. the required budget investment.

Something about our students:



Average age – 46

Psychology Track



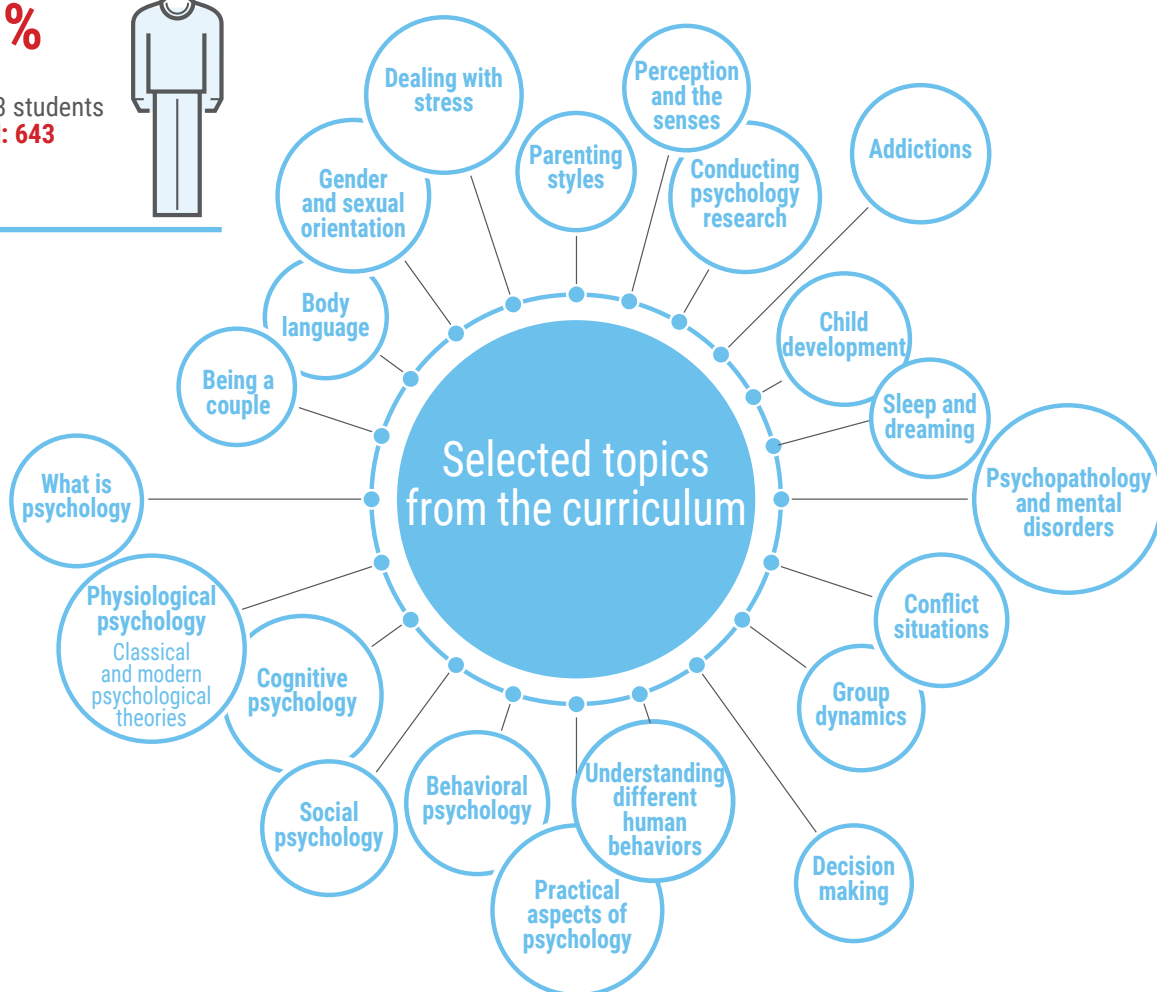
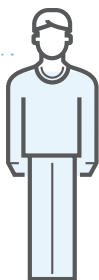
In the picture:

The mayor of Beer Sheva at the graduation ceremony at Ben Gurion University



76%

Began: 843 students
completed: 643

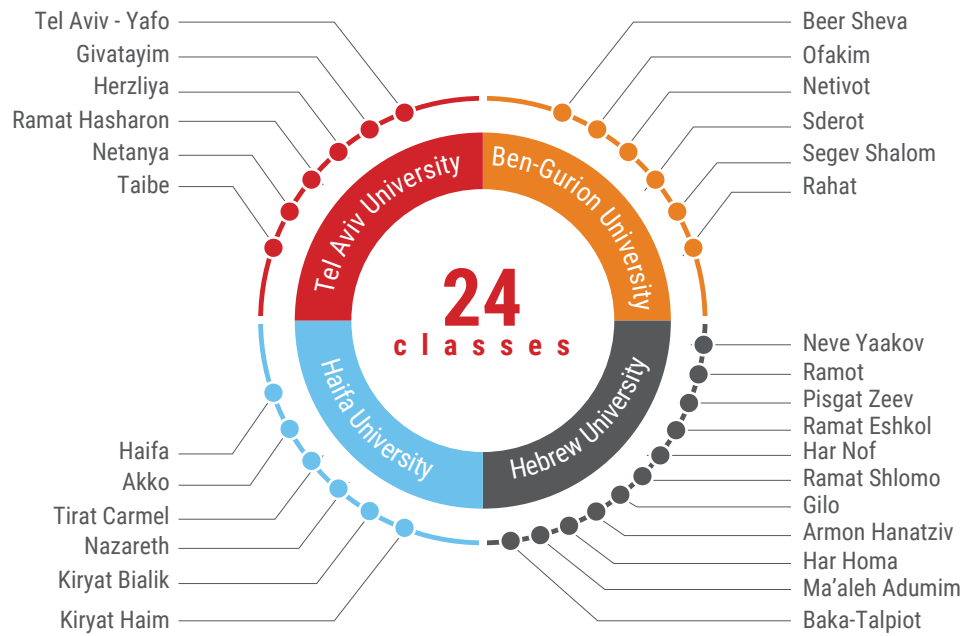


Noy Hammer, instructing-student in the Introduction to Psychology course at Ben-Gurion University:

"I had an amazing year in which I learned that nothing is more exciting and meaningful than a strong, genuine personal relationship. I started out not knowing what to expect and ended the year with my heart brimming with pride for a year of mutual and empowering learning we experienced together – my students and I. Thank you for the honor to take part in this amazing thing called Access for All".



Golden Flower class, Psychology track, Tel Aviv University



In addition to the classes with the instructing-students, during the year AFA students met with **guest lecturers** in the Psychology field who shared knowledge in their areas of expertise. Program participants gained knowledge about topics such as adolescence, concentration and attention disorders, toddler development and autism, parenting small children, personality, fear and anxiety, the brain and cognition.



In a discussion about gender, Psychology track, the Hebrew University



Psychology class, University of Haifa



From the words of Anat Huri, who completed three years in the AFA program, at the graduation ceremony of the Introduction to Psychology course at Tel Aviv University:

"When I told my mother I was going to study at the university, she laughed at me. And here I am today, completing 3 years of persistence. During these years I learned how to ask questions, how to express interest during class and not only during the breaks. In these years I gained power and self-confidence to fight for what's mine, to stand up for myself and to initiate."

Medicine Track



In the picture:
Medicine class at the University of Haifa



74%

Began: 427 students
Completed: 316



Medicine instructing-students, Sandra, Adi, Noa, Maayan, and the coordinator Yael Orbach celebrating Christmas, Tel Aviv University

From the words of the instructing-student team at the graduation ceremony of the Introduction to Medicine course In Tel Aviv University:

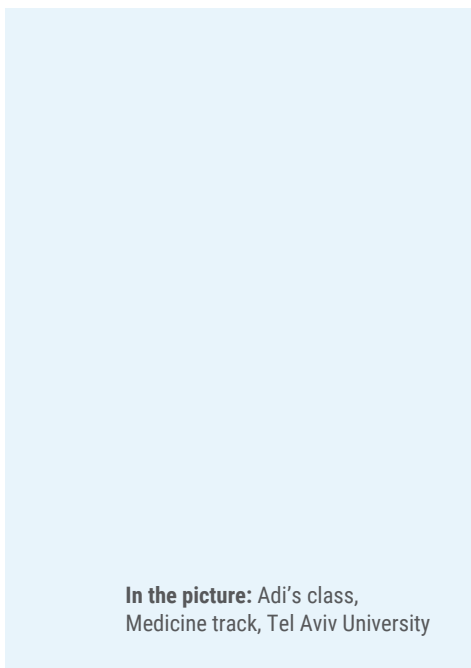
"Thank you for giving us the opportunity to get to know you, to meet such special people, people that do everything in order to realize their goal. Thank you for staying despite the difficulty, Introduction to Medicine is not an easy course, and it was not taken for granted that we reached this day. We went through quite a lot together, we encountered some obstacles on the way, there were tears, uncertainty that we would make it through, but we also laughed on the way, we were happy and enjoyed ourselves, we acquired a great deal of knowledge in the medical world and acquired friends."



The instructing-student Mor Shani and her student Ron Solomon at the graduation ceremony at Ben-Gurion University



In addition to the classes with the instructing-students, during the year the program students met with **guest lecturers** in the Psychology field who shared knowledge in their areas of expertise. Students learned about up-to-date developments in women's health and breast cancer, bacteria and antibiotics, as well as about medical assistance in refugee camps and the patient-centered approach in patient-practitioner communication.



In the picture: Adi's class, Medicine track, Tel Aviv University



Nada Prihat, participates in the Introduction to Medicine at the University of Haifa:

"I learned a lot this year in the medicine course – we learned things for everyday life like first aid, the human body. Besides the extensive knowledge it gave me the opportunity to attend university and to do something for myself. I am always tied to my husband and the house, I never did something for myself. I thought that my husband and the house were more important than me, now I no longer think this way. It is important for me to invest in myself."

Law Track

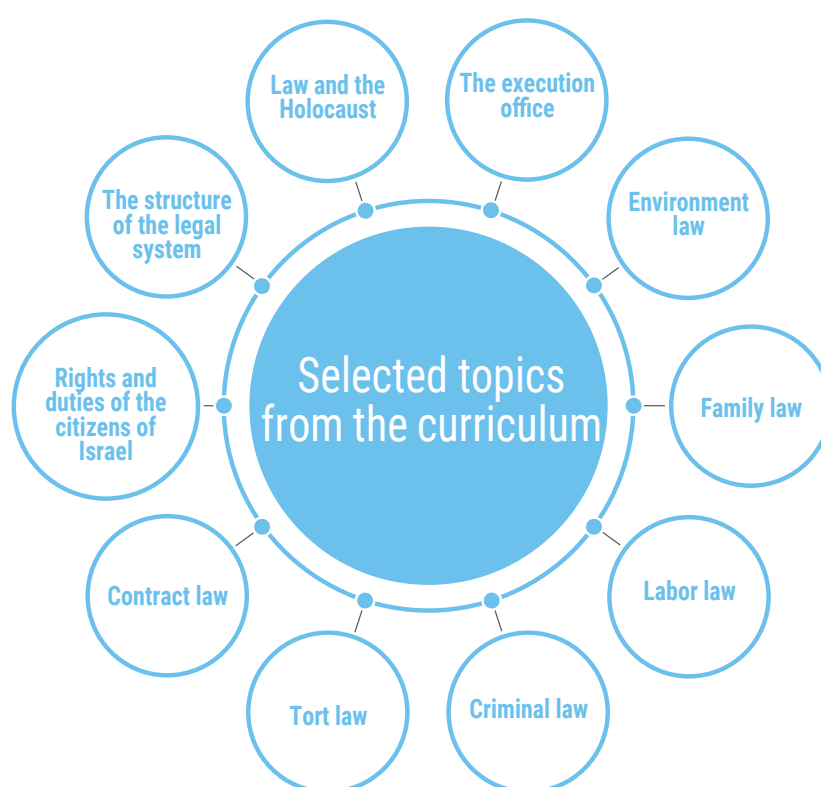


In the picture:
Inbal Chen's class, the Hebrew University



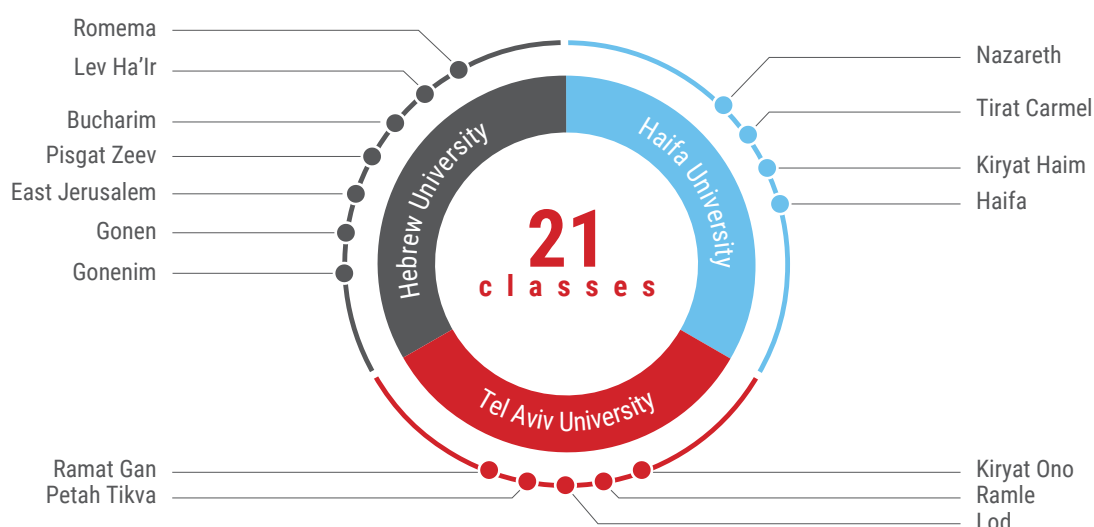
72%

Began: 602 students
Completed: 433



Inbal Chen, instructing-student in the Introduction to Law course at the Hebrew University:

"This year I was fortunate to participate in the AFA program. In the program I learned a great deal from my students and from how they contend with the justice system, and at the same time I had the privilege to give of myself and to contribute from the knowledge I acquired during my studies towards a law degree. My class was diverse and comprised of students from different population groups in Israeli society, and together we underwent a significant process of learning from the other, acquired legal, practical and significant tools for life, and even experienced mutual support and assistance in class. The program gave me an opportunity to meet people who are different from me, and the relationship that I developed with my students in the program was very special. I wish my students to continue to realize their amazing learning ability, also after the program."



In addition to the classes with the instructing-students, during the year the program students met with **guest lecturers** in the Law field who shared knowledge in their areas of expertise. Thus program participants studied complex topics in-depth, among them Jewish law, family law, feminism and law, history and law, labor law and worker's rights, pension and saving.

At the end of the year the students in the law classes conducted a **"mock trial"** in which the students wrote the defense and the prosecution arguments and role-played many roles, including the judges.

A Law track group at Tel Aviv University even conducted an **"election panel"** leading up to the general elections that took place earlier this year. Panel participants included Yaniv Oppenheimer (Meretz), Emily Muati (Labor), Adv. Idan Roll (Blue and White), Ronit Dror (Zehut), Davidi Ben Zion (Union of Right Wing Parties) and Mark Ifraimov (Yisrael Beytenu). The panel addressed economic and social issues selected in advance by the students. It did so as part of the AFA's continuous striving for meaningful civic engagement, for students who are aware and impactful, and who take civic responsibility for the future of the state and society. Each representative received a platform to present his or her position and that of their party.



The students prepare arguments for the mock trial, the Law track at the Hebrew University



Election panel at Tel Aviv University



Michal Mika Paz, a student in the Introduction to Law course at Tel Aviv University:

"The program led me to understand that my passion to learn and develop still exists, and that the people I met here - without this program I do not think we would have met. I persisted, I fought, I absorbed and I succeeded! I felt a sense of belonging, achievement and realization that gave me meaning in life and purpose. I think that without my wonderful and containing instructing-student, who always lent an ear, at any hour, it would not have been so successful. There are not enough words to express gratitude for the experience, I waited impatiently each week to come to class, to participate and learn."

Business Administration Track

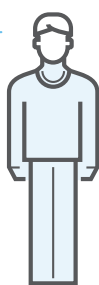


In the picture:
Business Administration class at Tel Aviv University on a study tour to the stock exchange



82%

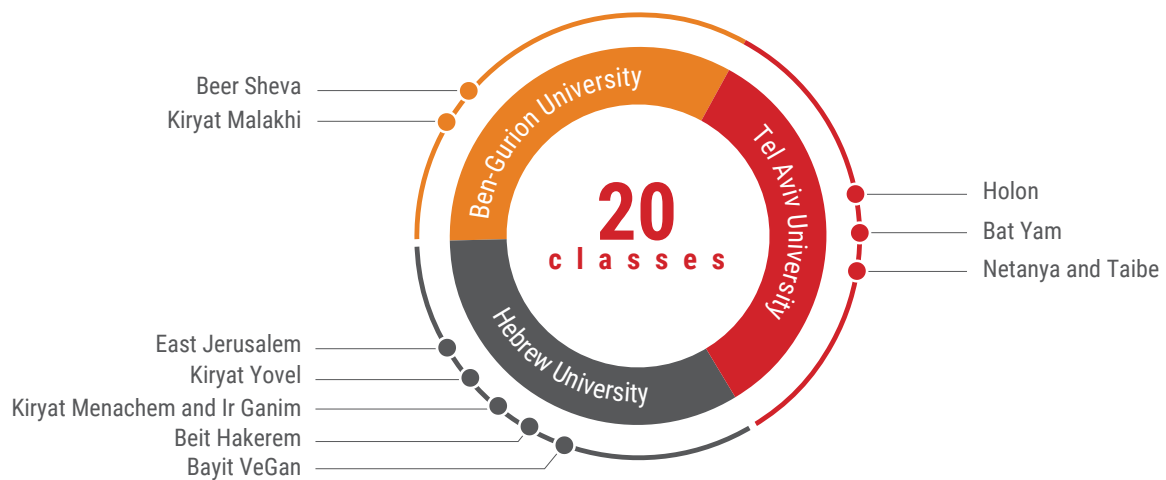
Began: 300 students
Completed: 245



Business Administration coordinator Shira Paz and the instructing-students Hagar, Yuval, Noam and Shaked at a team meeting, Ben-Gurion University

From the words of the instructing-students team at the graduation ceremony of the Introduction to Business Administration course at Ben-Gurion University :

"This year was amazing for us, we had the privilege of instructing our students, but no less important, we had the privilege of being students who learn from the special people who sat in our classes. We are sure that our students invested great efforts in order to come to class every week and to be part of something big that they do only for themselves, perhaps for the first time in their life. This year was significant for us and we understood how much knowledge is found in each and every man and woman, in every story and life experience that every individual brings with them".



In addition to the classes with the instructing-students, during the year the program students met with **guest lecturers** in the Business and Economics field who shared knowledge in their areas of expertise. Thus the AFA students studied in-depth complex topics such as digital marketing and advertising, game theory, the capital market, collection and enforcement, and planning and budgeting.



Graduation ceremony at Ben Gurion University



Discourse circles in the Business Administration track, the Hebrew University



Hani and her son Osher Avitan, the Hebrew University

Hani Avitan, student in the Introduction to Business Administration course at the Hebrew University:

"I heard about the program by chance from my neighbor. The symbolic cost attracted me and I told myself that I must try. I even registered with my son. We had so much fun! I met people from all parts of society, including persons with a disability, and I saw that we are all the same. We became genuine friends, the atmosphere in class was family-like and each one brought dishes they commonly cook in their family. We learned from our instructing-students and also from the life experiences of our fellow students. From each class we took something new that we learned, we had a special experience that otherwise I do not know if I would have had the chance to experience."

Our partners in local government social services and health departments

Access for All program activity is made possible by partnerships maintained over many years with the social services, health and education departments in more than 50 local governments and in government ministries. This partnership is comprised of several components:

In the picture: An academic workshop, Ben Gurion University



The joint project with the Ministry of Social Affairs and Social Services – a joint project was launched for the first time this year, recognizing the program's significant value for the Ministry's varied target audiences. In this framework collaborations are carried out between the Ministry's units and the AFA, in the aim of deepening and expanding the program's impact. Some of the activities are also budgeted. This joint project constitutes an important breakthrough in the program's ability to further establish and expand its activity.

In the picture: end of year project in the young adult class, Tel Aviv University



Joint project with the Ministry of Health – this is our sixth year working in partnership with the Ministry of Health. Eligibility to participate in the AFA program is part of the mental health rehabilitation services offered to persons contending with mental health issues. In light of its success, the number of participants throughout the country increased significantly this year. Furthermore, in cooperation with the Ministry of Health we conducted a conference at Tel Aviv University, inviting managers and employees from the Ministry of Health and from Natan Ltd., as well as social workers, occupational therapists, psychiatrists and AFA graduates. The numerous abilities to learn throughout life in order to realize treatment goals were presented at the conference, as well as personal stories of AFA graduates contending with mental health issues.

In the picture: Joint conference with the Ministry of Health





On the right: Lior's class,
Psychology track,
Ben Gurion University



On the left: Law track,
Tel Aviv University

AFA student recruitment process – local government is responsible for promoting the program among city residents, referring applicants based on defined criteria relating to socio-economic situation and lack of education opportunities. Acceptance to the program is not conditional on education or prior skills, but does require seriousness, sustained commitment and motivation to learn.

Maintaining contact during the academic year – contact persons from local government accompany AFA students and instructing-students. The contact persons are partners to class activities, receive the study material and weekly attendance reports, and are informed of special issues should they arise. Both contact persons and social workers contribute to the program's success owing to their commitment to the participants and to the program. Moreover, program participation is leveraged to achieve the participants' treatment goals. Thus the positive impact of program participation is reflected in additional areas of the participants' life.

As part of this partnership, this year we hosted many visits of social services department teams from the various municipalities, and even **joint meetings of mayors with the students**: Be'er Sheva mayor Mr. Ruvik Danilovich, Dimona mayor Mr. Benny Biton, Lod mayor Mr. Yair Revivo, Nesher mayor Mr. Roi Levi and Kiryat Bialik mayor Mr. Eli Dukorsky. As this was an election year in local government these visits were very important for developing community relations and a partnership in the present and for the future.



In the picture: Lod's mayor
visit, Tel Aviv University



Yated Program for At-Risk Young Adults - this was the second year we joined forces with Yated, the National Program for At-Risk Young Adults. In this framework about 100 young adults participated in AFA program studies at all the universities, in addition to special classes for young adults that operated at Tel Aviv University. The course contents were adapted to the needs of these young adults and offered them a first taste of academic studies. Next year about 300 young men and women will study in the program.

In the picture: young adult class of Psychology students, Tel Aviv University



Golden Flower classes - to encourage individuals over 60 years old to participate in the AFA program, and to promote an active, independent and meaningful lifestyle, classes adapted for this age group were opened in 2018-2019. Some classes were unique and others multi-age, for the older program participants. The different classes focused on participants who suffer from loneliness, few social opportunities for significant relationships and lack of access to services, which do not enable them to live independently and realize their aspirations. This was supplemented by professional accompaniment provided by the appropriate local government entities.

A unique Golden Flower class was offered as part of the AFA Introduction to Psychology course at Tel Aviv University. In the other universities the students were integrated into multi-age frameworks.

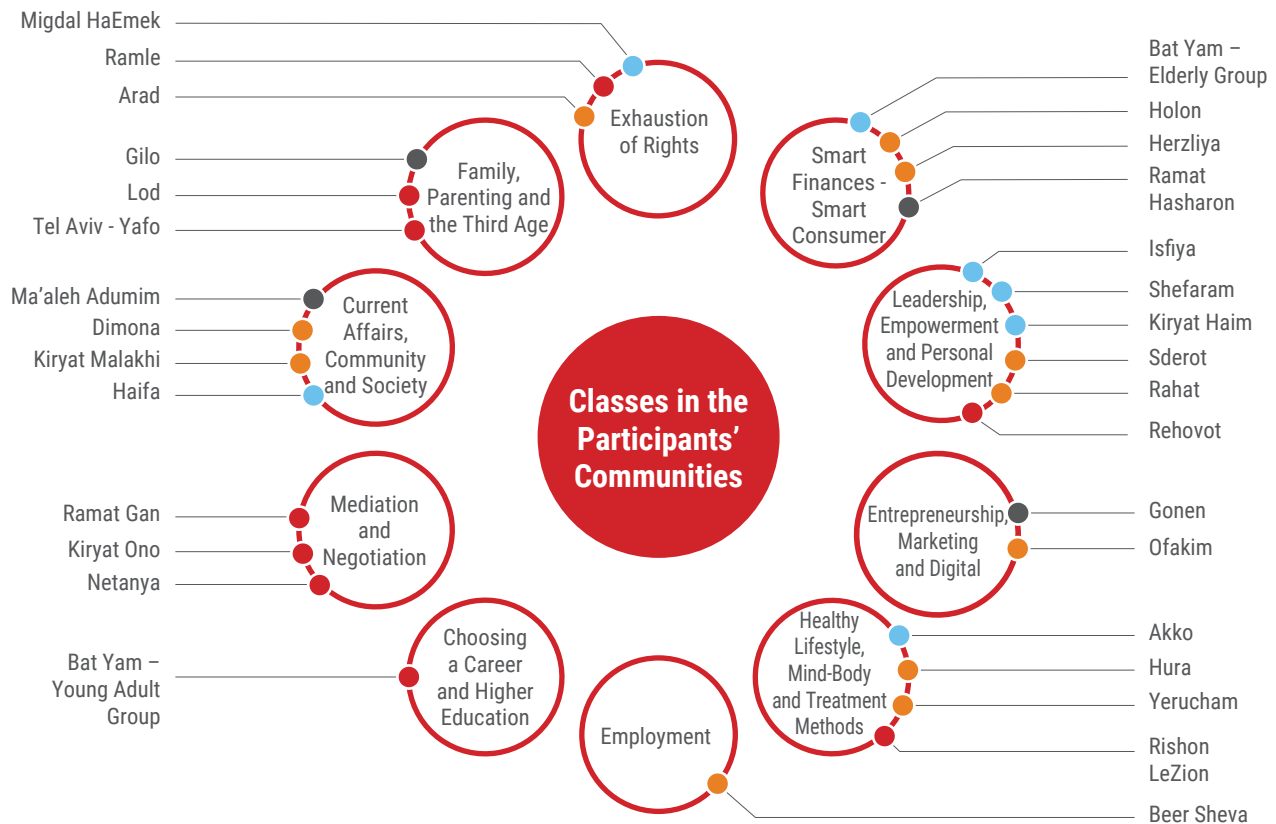
In the picture: Golden Flower class, with the instructing-student Emilia Tal at Tel Aviv University



Meira Lev, a student in the Golden Flower group at Tel Aviv University:

"Studying in this amazing program is an experience, an event, that exposed me to new and different worlds. A program of useful knowledge, whether more important or less important. Acquaintance with additional people from different cities, with a similar desire to learn and know. And for me, this contact with different people led to eliminating stigmas that I didn't even know I had. Studying in this program increased my sense of self-confidence, contributed extensively to a sense of pride and left a taste for more. From the bottom of my heart I thank those who woke up one morning and thought up this magical idea. Magic is the most suitable word for me."

Classes in the students' communities - toward the end of the first semester classes were conducted in the participants' communities, led jointly by the referring authorities and under their responsibility. These classes enabled AFA student groups to meet with lecturers from their community, both cities and neighborhoods. The extensive participation of program students in these classes reinforces the vital relationship between the participants, their communities their immediate surroundings, and also deepens the partnership with the referring agencies.



Mali Shor, Social Services, Pisgat Zeev

"AFA is celebrating six years of activity in Jerusalem, and it is a beneficial project from many aspects. Every week the students are exposed to new information and feel very empowered. Over time it is evident that their self-image improves and many social relationships develop - and all in a learning environment provided by merely entering the university. All these have therapeutic significance, which is why the program is so welcome!"

Initiating Communities and the Alumni Community

In the picture:

Initiating Communities group leaders in a training session at Tel Aviv University



The AFA alumni community seeks to encourage program graduates, instructing-students and participants alike to continue their social endeavors within and outside the program. The aim is that they will do so in the spirit of the AFA vision and goals and continue their personal, professional and social development after they graduate. The alumni community aims to leverage the educational process experienced by the program's graduates and to expand their circle of influence in Israeli society.

In the current activity year student and instructing-student alumni established a continuing program under the name of 'Initiating Communities'.

The aim of this program is to encourage learning throughout life, alongside community impact, community activism and tools for knowledge dispersion.

The Initiating Communities program was first established as a pilot in the following communities: Rehovot, Rishon LeZion, Pisgat Zeev and Dimona. The groups, comprised of graduates who completed three years of study in the AFA program, were led by pairs of alumni instructing-students, along with the social workers who are our professional partners.

The group in Rehovot focused on developing an education service for the elderly in the city; the group in Pisgat Zeev deepened its knowledge about nutrition and healthy cooking, and then conducted home group activity in the neighborhood on this topic; the group in Rishon LeZion focused on city residents hosting lone soldiers living in the city; the group in Dimona addressed skills and tools for the participants' personal development along with shared contribution to the community - with its flagship event – refurbishing the garden of an elderly couple in the city.



Rehovot community group leaders Nati Weiss and Michael Calev, preparing for the summary meeting

From the words of group leaders Michael Calev and Nati Weiss, at the Rehovot community summary meeting:

"When we joined the Initiating Communities pilot we did not know what to expect. The year was like riding a rollercoaster – surprising, with ups and down, some parts unexpected, but mainly very enjoyable. Hope turned into reality and we witnessed the great desire of AFA graduates to continue to learn, to do, to make an impact and contribute to their personal surroundings. During the year we learned how to build a group and lead discussions, we analyzed data and prepared a budget, designed a survey and even met with a member of the Rehovot city council! It is difficult to believe that we achieved so much in one year. It says in the Mishna: 'Who is the wise one? He who learns from all men' - your extensive work and progress as individuals and as a group inspires all of us!"

In addition to leading the groups in the various communities, alumni instructing-students also participated in a series of meetings where they received tools to lead groups, motivate activism, design a work plan, manage a project and more. The meetings also served as the basis for peer learning about the various communities. The meetings were led by program graduates Noa Birman, Noga Yaniv and Mira Alter, who volunteered for this work and also to serve as the steering committee for the Initiating Communities program.

Furthermore, AFA program alumni-instructors, otherwise one might think they are the participants found their place teaching classes in their areas of expertise during the academic year, both at the universities and in the AFA student communities. They also planned and taught courses in a range of subjects during the summer semester. The initiative for these courses came from the graduates themselves. They prepared the course lessons and taught them with great professionalism, and for a period of time returned to teaching and learning.



Final meeting in the Dimona community



The graduate Golan Oscar at a community activity for Tu B'Shvat in the Dimona community.



Home group activity in Pisgat Zeev, led by the graduate Zehava Daniel



Final get-together in the Rehovot community



From the words of the alumni Jacqueline Hakak, now also a health trustee in Pisgat Zeev, summarizing the year:

"On behalf of all of us I would like to thank you for the wonderful year we experienced together. We learned so much about nutrition and the human body systems, the food pyramid and the nutritional value of every product. Above all, we were excited when we came to the Jerusalem municipality to present the topic. We were a wonderful group of 10 women hungry for knowledge, and now, at the end of the year, we changed our dietary habits and became neighborhood health trustees ourselves. The wonderful group leaders, Neta and Yehudit, inspired us to continue to study and gave above and beyond, even on cloudy days and the Jerusalem cold. We enjoyed every minute, there aren't enough words to thank you".

Education and Enrichment at Access for All

In the picture:

pre-academic preparatory program students and the group leader Etti Primat, Tel Aviv University



Conference in cooperation with the Ministry of Health

AFA seeks to enable its students to continue their studies and to develop both in the program and after they graduate, based on the understanding that its students, who come from weakened populations, are on the path to becoming independent learners with a sense of competence and motivation to act. Therefore, during the academic year the students, partners and graduates initiate classes and various frameworks that continue to operate in the aim of directing the joy of learning to additional frameworks and to entities that can help them going forward. The shared goal of all these initiatives is to lead a significant process toward taking responsibility, activism and developing motivation, while providing practical tools.

Auditing Participants

The Auditors framework at Haifa University enables students to audit a range of courses in the morning hours along with regular students, without having to undergo admission procedures or meet academic requirements. Thus, the auditors can acquire knowledge and expand their horizons in many and varied fields, at a symbolic price.

This year, about ten students registered in courses on subjects such as Introduction to Leadership, Labor Law, Interpersonal Relations, and From Hysteria to Anorexia: Gender Aspects of Mental Health.



Sasson Halevi, auditing participant and a student at University of Haifa

"As an auditor my AFA experience continues to grow. In my daily work I applied, and I continue to apply, what I learned in Contract Law, Tort Law and in the Special Contracts course. The courses I audited gave me many tools to deal with the complexity of the legal world, learning what a small claims suit is, how to file such a suit and more. I want to study law some day"



On the right: Silver Lining at the graduation ceremony of the Introduction to Psychology Course, Ben-Gurion University

On the left: Zikaron BaSalon in Dimona



Zikaron BaSalon

Continuing our tradition, the AFA marks Holocaust Commemoration Day with Zikaron BaSalon events. This year two Dimona residents, Dalia Sugbaker and Allegra Filus, opened their house and their heart. Zikaron BaSalon offers an alternative setting to hear the survivors' stories of heroism and atrocities, in an intimate, family-like atmosphere. In addition to the stories, excerpts can be read, social issues can be discussed, and anything the hosts and guests want can be added. This event is an empowering experience for AFA students. This is another example that learning and remembering can also take place without a formal framework, through a friendly social discussion about current affairs that are relevant to this day, and that we owe those who did not survive.

Integration of Program Graduates in Higher Education

The program maintains exceptional collaborative relationships with Ariel University, Ben-Gurion University, Hadassah Academic College and David Yellin College. These academic institutions accept outstanding AFA program graduates to BA studies without the prerequisites of a psychometric test or matriculation exam grades. The scholarships awarded by the Hadassah and David Yellin Colleges are generously granted by the Jerusalem Municipality.

5 AFA graduates that attended courses at Tel Aviv University will begin their studies at Ariel University in Samaria next year. They will join about 70 students already studying, or who studied or graduated from the university, among them outstanding students on the Dean's List, Rector's List and President's List. They join the four graduates who received a full scholarship from Ariel University to pursue Master's degree studies in Business Administration and in Health System Management.

16 students at Ben-Gurion University will continue their studies towards the coveted degree. The student Silver Lining will begin her studies with a scholarship she will personally receive from the mayor of Beer Sheva, after he attended the graduation ceremony she moderated.

Program graduates beginning their studies at Ariel University study in a pre-academic preparatory program. The preparatory program has been taught devotedly for many years by Ms. Etti Primat.



Dafna Avrahami, a graduate of the pre-academic preparatory program and a first-year student at Ariel University in Samaria:

"It was patently clear to me that despite the circumstances, the age, the economic conditions and all the rest – I was going to study. However in reality, it was simply not possible. Were it not for a magical hand that suddenly reached out, that makes wishes come true, most likely it would not have happened. I was aware of this wonder each day over the past year. I know that this is my natural place. But I also know that it did not occur naturally. I am grateful for this wonder every minute I experience happiness during my studies."

Summer Semester Courses

In the picture:

A summer workshop with AFA graduate Ayelet Batat, about Unfamiliar Jerusalem



English summer workshop with the workshop leader Gal Tadmor, Ben Gurion University

More than 300 AFA students attended classes and workshops at the four universities during the summer, participating in basic skills workshops and deepening their knowledge in additional areas.

This is the second year that some of these summer workshops were conducted in the different communities, in the aim of enabling the students to continue the learning processes in the summer, both independently and within the community framework, all in order to create power groups and knowledge centers as close to home as possible. In addition, some of the summer workshops continued at the various universities to which the students came on their own, not in organized transportation, in the aim of developing commitment to learning and independence.

Some of the summer workshops were developed and led by previous AFA instructing-students, enabling them to both give and receive added value from their participation in the program.



In the picture: A summer workshop on treatment methods in psychology with the workshop leader Inbar Lorber, University of Haifa



Summer workshop in Positive Psychology, University of Haifa



Summer workshop in mediation with the deputy Program Head Mira Alter, East Tel Aviv Community



At Ben Gurion University

About 90 students participated in summer workshops in Positive Psychology, Natural Medicine and English. A special workshop, conducted by Leket Israel, took place in the city of Dimona. The workshop topic was a healthy lifestyle and healthy cooking.



At Tel Aviv University

About 80 students participated in summer workshops in Marketing Entrepreneurship, English, Positive Psychology, Mediation and English. A special workshop was also conducted in Rehovot for the city residents.



At the University of Haifa

More than 100 students took part in summer workshops in Mediation and in Negotiating Tools; How to Rebuild your Life; Buddhism and Eastern Culture; Nutrition, the Human Body and Fitness; Treatment Methods in Psychology, and a basic workshop in the Hebrew language. The Psychology workshop was conducted at the same time in the city of Akko, and the workshop in Hebrew took place in Nazareth.



At the Hebrew University

About 120 students participated in summer workshops on Dreams, Mind-Body, the Human Brain and in English. A special workshop under the name "Unfamiliar Jerusalem" continues to be immensely successful for the second year. The instructing-student graduate Ayelet Batat takes the students on a tour of the most beautiful neighborhoods, tells interesting stories and reveals charming hidden corners in the capital city.

Instructing-Students

In the picture:

Instructing-students from all over the country meeting with former Education Minister, Prof. Yuli Tamir



83 instructing-students taught in the program in the 2018-2019 academic year:

24 instructing-students at Tel Aviv University taught Medicine, Law, Business Administration and Psychology; 20 instructing-students at Ben-Gurion University taught Medicine, Business Administration and Psychology; 19 instructing-students at the Hebrew University taught Law, Business Administration and Psychology; and 20 instructing-students at the University of Haifa taught Law, Medicine and Psychology.

Every instructing-student taught a group of about 20 students. Lesson plan design and adaptation of the course to the target audience was carried out by teams comprised of 4 instructing-students who taught the same course, **and supervised by a team coordinator** who was a former instructing-student in the program.

Instructing-students committed **to attend 3 weekly sessions** throughout the academic year: an academic workshop aimed at training and preparing the instructing-students for teaching, with a focus on education, disparity in Israeli society, and on examining, consolidating and reinforcing social commitment; a second weekly session that is a team meeting with the team coordinator in order to prepare the next lesson; and the third weekly session that is the weekly lesson with the program students.

The instructing-students receive **academic credits** for their participation in the academic workshop and for their instruction work. This is based on the approach which maintains that academic education should encourage and promote the student's social involvement, in addition to the aim of democratization and access to academic knowledge.

The academic workshop is based on a course written by AFA founder, former Knesset member Dr. Adi Koll. This year the workshop was led by a team of academic supervisors: Mira Alter, Ben Hagoel, Michal Peleg-Bitzur and Adi Kaptzon.

As part of the workshop requirements the instructing-students wrote and implemented an **empowerment program** for their AFA student class. Following the implementation stage the instructing-students conducted a reflective process about their program, in line with the educational philosophies they learned in the course.

During the year the instructing-students met with social organizations and public opinion leaders and heard from them about the meaning of social activism.

The instructing-students at Tel Aviv University met with the economic commentator Matan Hodorov and with Adv. Noa Zaltzman from Lobby 99;

The instructing-students at the Hebrew University met with the kindergarten teacher Perah Midbar Alter in order to learn about the special educational approach he developed for kindergarten children;

The instructing-students at the University of Haifa met for social discourse circles with Yarden Keinan, advisor to the head of Hof HaCarmel Regional Council for promoting women's status; Regev Avner- business development manager at the Kfar Qasem Economic Company; Yossi Zarfati, a social activist and former managing director of the Social Guard; and with Inbar Oren, Deputy Director at Israel Hofsheet and Director of Havaya.

The instructing-students at Ben-Gurion University met with Adi Saada who works at the Al Mishmar HaKneset Institute that was founded by the Masorti Movement in Israel, who discussed how religion-state relations in Israel are reflected in the Knesset.

Furthermore, the instructing-students from all over the country gathered for a countrywide meeting with former Education Minister Prof. Yuli Tamir to discuss education gaps in Israeli society.

At the end of the year every instructing-student wrote a personal paper that included a retrospective view of the program, while observing and analyzing events and processes that took place during the year. In the paper the instructing-students integrate the theoretical knowledge they acquired during the year.



get-together of Tel Aviv instructing-students with the economic commentator Matan Hodorov



Academic workshop at the University of Haifa



From the final paper of Inbar Lorber, instructing-student in Psychology at the University of Haifa:

"One of the things I learned and that made the greatest impression this year was that I do not have all the knowledge, and I also don't need to have it all. Furthermore – in many cases my students have more knowledge than I do, and also more strengths than I expected. On paper, in the description of their socio-economic background, they may give the impression of people who need to be saved, but their street smarts are a source of power that I will not be able to acquire through any academic degree in the world. It is not that I would not be glad to hear if one of them begins university studies following their participation in the program, but this year I understood that academic studies are not the main thing."

Measurement and Evaluation

In the picture:

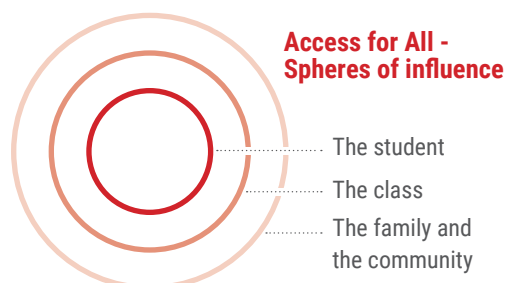
Graduation ceremony in the Medicine track,
University of Haifa



We are excited to update that Midot, which strives to promote social effectiveness, awarded Access for All the Midot “Seal of Effectiveness” for social activity with a measurable impact.

The extensive process, that included a comparison to numerous organizations in Israel and the world, examination of success indices, and the professionalism and leadership of the program staff and more, determined that the sparkle in our eyes is well deserved. Access for All creates genuine social change in the lives of its participants, both the instructing-students and the students.

The Midot “Seal of Effectiveness” encourages us to continue our undertaking and to commit that it will be significant and make a difference in changing Israeli society – narrowing social gaps and equalizing opportunities and access to knowledge regardless of life circumstances.



This is the fourth year of the program’s comprehensive and unique measurement and research activities. The research results are published at the end of every activity year in a detailed research report.

The research is based on a detailed logical model and conducted among both program students and instructing-students.

The effects of the program on the students can be divided into three spheres, each sphere entailing different changes.

The research findings showed a statistically significant increase in student self-confidence following participation in the program. Many students felt a sense of belonging to their class, of honor and pride. The findings also indicated that 76% of the students helped a classmate, and 62% received help and support from a classmate. The majority of students utilized the knowledge they gained in the program in their daily life, and shared this knowledge with their surroundings. Finally, 84% of the students reported positive changes in their life following their participation in the program, in social, scholastic, family, employment and everyday areas of life.

The research process will continue to accompany AFA graduates next year as well, examining the continued impact of the program on its participants after they graduate.

We also seek to broaden measurement of the program impact to measurement by the accompanying entities. The aim is to gain a more comprehensive and richer picture of the program’s significant value for the participants, based on the partnership between the program and the various partnering entities.

The number of AFA students who completed courses in the 2018-2019 academic year

University	Study Track	Student Characteristics	Beginning number of students	Ending number of students	Percentage of completing students
Tel Aviv University	Law - Monday	Ramle Lod	114	71	63%
	Law - Tuesday	Ramat Gan Petah Tikva Kiryat Ono	114	94	85%
	Psychology - Monday	Tel Aviv Yafo Givatayim (elderly student class)	103	82	80%
	Psychology - Tuesday	Herzliya Ramat Hasharon Netanya Taibe (young adults)	104	78	75%
	Medicine	Rishon LeZion Rehovot	99	66	67%
	Business Administration	Holon Bat Yam (young adults)	106	80	76%
Total Tel Aviv University			640	471	74%
Ben-Gurion University	Business Administration	Beer Sheva Kiryat Malachi	96	75	78%
	Medicine - Monday	Beer Sheva Arad Hura	99	60	60%
	Medicine - Tuesday	Dimona Yerucham	112	93	83%
	Psychology - Monday	Beer Sheva	102	74	73%
	Psychology - Tuesday	Ofakim Netivot Sderot Segev Shalom Rahat	104	86	83%
Total Ben Gurion University			513	388	76%
The Hebrew University	Business Administration	East Jerusalem Kiryat Yovel Kiryat Menachem and Ir Ganim Beit Hakerem and Bayit VeGan.	98	90	90%
	Law - Monday	Romema Lev Ha'Ir Bucharim Givat Zeev (women's classes)	74	53	80%
	Law - Tuesday	East Jerusalem Gonen Gonenim	104	84	80%
	Psychology - Monday	Neve Yaakov Ramot Pisgat Zeev Ramat Eshkol Har Nof Ramat Shlomo (women's classes).	94	80	85%
	Psychology - Tuesday	Gilo Armon Hanatziv Har Homa Ma'aleh Adumim Baka-Talpiot	117	89	79%
Total the Hebrew University			487	396	81%
Haifa University	Law - Monday	Yarka Nesher Isfiya (young adult class)	97	65	67%
	Psychology - Monday	Haifa Akko	104	77	74%
	Law - Monday	Migdal HaEmek Shefaram Kiryat Ata	99	66	67%
	Psychology - Monday	Tirat Carmel Nazareth Kiryat Bialik Kiryat Haim	115	77	67%
	Medicine	Julis Haifa Kiryat Motzkin	117	97	82%
Total University of Haifa			532	382	72%
Total program			2172	1637	75%

Program Team

In the picture:

Program team at a national get-together



The academic advisors, branch managers, study track coordinators and operations coordinators - are responsible for accompanying the instructing-students' work, for following student progress and for managing ongoing activity. This year this team included 26 employees, at the national headquarters and the four universities.

Yechiam Raziel Program Head

Inbal Shimoni
Deputy CEO

Mor Shtruminger Cohen
Director of Development

Mira Alter
Deputy CEO

Tel Aviv University

Ben-Gurion University

The Hebrew University

Haifa University

May Sar-Shalom
Manager

Noa Chen
Manager

Vered Karasanti
Manager

Nitzan Wolf
Manager

Adi Kaptzon
Academic supervisor

Ben Hagoel
Academic supervisor

Mira Alter
Academic supervisor

Michal Peleg-Bitzur
Academic supervisor

Yael Orbach | Lior Simon | Tal Zecharia
Track Coordinators

Yarden Barash | Shir Barbi | Shira Paz
Track Coordinators

Rotem Nachum | Yael Aronovich | Neta Shechori
Track Coordinators

Rachel Strull | Adi Levi | Shachar Gat
Track Coordinators

Amit Berkowitz
Operations Coordinator

Yaron Nir
Operations Coordinator

Stav Bokobza
Operations Coordinator

Mazal Simon
Operations Coordinator

The Advisory Board



The program has an advisory board which accompanies AFA program management. The advisory board is comprised of representatives of the universities in which the program operates, program philanthropy and volunteering partners and individuals who have accompanied the program a good part of the way: **former MK, Dr. Adi Koll**, program founder who currently serves as Dean of Student Affairs at the Herzliya Interdisciplinary Center; **Dr. Ami Buganim**, PhD in philosophy, one of the founders of the Mandel Leadership Institute and a consultant to the Matanel Fund which is the AFA's major partner and investor; **Mr. Doron Livnat**, owner and chairperson of the ProDelta international group of companies from the Netherlands, a social entrepreneur who contributes mainly to education and at-risk youth projects and to long-term infrastructure programs; **Mr. Ehud Or**, VP Strategic Planning and Marketing at Tel Aviv University; **Adv. Ariella Lahav**, who heads a law firm.

Thank you

In the picture:
Instructing-student summary
meeting, Initiating Communities



Donors and Partners

Matanel Foundation
Mr. Doron Livnat
Keren Hayesod Netherlands
Yad Hanadiv Foundation
Jewish Federations of Canada UIA
Montreal Federation
Eastronics
Tovnot B'Hinuch – Insights in Education
Migdal
Nova

Universities and Academic Institutions

Tel Aviv University
Ben-Gurion University
Hebrew University
Haifa University
Ariel University in Samaria

Government Offices

Ministry of Social Affairs and Social Services
Ministry of Health
The Council for Higher Education, The
Planning and Budgeting Committee

Local Municipalities

Ofakim	Nazareth
Beer Sheva	Nesher
Bnei Brak	Netivot
Bnei Shimon RC	Netanya
Bat Yam	Akko
Givatayim	Isfiya
Givat Shmuel	Arad
Pisgat Zeev	Atlit
Julis	Petah Tikva
Jaljulia	Kiryat Ono
Dimona	Kiryat Ata
Herzliya	Kiryat Bialik
Taibe	Kiryat Haim
Holon	Kiryat Tivon
Hof Carmel RC	Kiryat Motzkin
Hura	Rishon LeZion
Haifa	Rahat
Tirat Carmel	Rehovot
Yerucham	Ramle
Jerusalem	Ramat Gan
Yarka	Ramat Hasharon
Lod	Segev Shalom
Migdal HaEmek	Sderot
Ma'aleh Adumim	Shefaram
Mitzpe Ramon	Tel Aviv - Yafo
Nevatim	

Guest Lectures and Tours

Tel Aviv University

Honorable Justice Isaac Amit
 Honorable Justice Yael Vilner
 Honorable Justice Michal Levit
 Prof. Galit Yovel, Head of School of Psychology
 Adv. Noa Zaltsman, Lobby 99
 Adv. Yigal Balfur, Legal Counsel to the Chief National Public Defender
 Yoni Yarimi, coach
 Ms. Katie Lazdon, Department of Neurobiology
 Mr. Eran Pasternak, CEO at Pasternak-Shoham Investment House
 Naama Katan, mindfulness instructor
 Matan Hodorov, economic commentator, Channel 13
 Israel Supreme Court Visitor's Center
 Tel Hashomer Medical Center
 Google
 Kiryat Ono Youth Center
 Herzlilienblum Museum



All AFA instructing-students at a national get-together

Ben-Gurion University

Prof. Miki Malul, Dean, Faculty of Business Administration
 Dr. Ortal Slobodin, Psychology Department
 Dr. Neta Salman, Faculty of Medicine
 Dr. Eli Lewis, Head of Biochemistry Department
 Amit Dahari, clinical psychologist
 Adi Saada, Al Mishmar HaKnesset
 Gav Yam Negev Park
 Adanim Youth Village
 Nitzan Lezichram, Havat HaNoar
 Institute for Animal Research, Kibbutz Lahav

The Hebrew University

Honorable Justice Isaac Amit
 Prof. Guy Harpaz, Dean of Students
 Prof. Iftah Yovel, Psychology Department
 Dr. Yaniv Dover, School of Business Administration
 Dr. Gila Torten
 Adv. Nochi Politis
 Perah Midbar Alter
 Israel Supreme Court Visitor's Center
 Weizmann Institute of Science Visitor's Center
 Herzlilienblum Museum

Haifa University

Prof. Yehiel Kaplan, Faculty of Law
 Prof. Jonathan Yovel, Faculty of Law
 Prof. Tomer Shechner, Psychology Department
 Dr. Yehuda Eder, Faculty of Law
 Omri Efrat, Psychology Department
 Riyadh Abu-Arisha, Maale HaCarmel Mental Health Medical Center
 Natalie Zion, Bnei Zion Medical Center
 Yarden Keinan, Hof HaCarmel RC
 Regev Avner- Kfar Qasem Economic Company
 Yossi Zarfati – former managing director, Social Guard
 Inbar Oren, Deputy Director Israel Hofsheet and Director of Havaya
 Haifa Magistrate's Court
 Haifa Magen David Adom
 Alonim Ranch



Tour of the Supreme Court, Law track, University of Haifa

Summer Workshops

Tel Aviv University

Shira Mantver
Yam Nehama
Mira Alter
Tair Weisel

Ben-Gurion University

Noy Hammer
Noam Oren
Gal Tadmor
Sapir Bar Cohen
Leket Israel

The Hebrew University

Yaniv Ashkenazi
Ayelet Batat
Talía Luden
Esti Aram
Segev Feinstein

Haifa University

Nitzan Wolf
Shachar Gat
Meitar Ben Abu
Inbar Lorber
Natali Haddad
Bassam Kaldawi

Participants at the Graduation Ceremonies

Tel Aviv University

Prof. Eyal Zisser, Vice Rector of the University
Prof. Sharon Hannes, Dean of Law Faculty
Prof. Michael Birnhack, Associate Dean, Faculty of Law
Prof. Galit Yovel, Head of School of Psychology
Dr. Yaron Yehezkel, Head of Management Department

Ben-Gurion University

Ruvik Danilovich, Mayor of Be'er Sheva
Benny Biton, Mayor of Dimona
Eti Cohen, Head of Social Services Division, Be'er Sheva
Tal Slovo-Barbie, Head of Hizdamnut Center, Circle of Life and Employment
Eti Vaknin, Head of Community Work Department, Dimona
Maged Alkamalat, Social Services Portfolio, Rahat Municipality
Yulia Kagan, Inspector, Probation Service, Ministry of Social Affairs and Social Services

The Hebrew University

Prof. Guy Harpaz, Dean of Students
Prof. Orly Sade, School of Business Administration
Ruti Cichowitz, Jerusalem Municipality

Haifa University

Prof. Eli Salzberger, Faculty of Law
Prof. Irit Akirav, Psychology Department
Dr. Amiram Ariel, Head of the Medical Sciences Department

Initiating Communities

Roni Baum, Member of Rehovot Municipal Council
Sally Franck, Rehovot Municipality
Yael Gali Dahan, Rehovot Municipality
Michael Calev, Group Leader, Rehovot
Nati Weiss, Group Leader, Rehovot
Talía Schwartz, Rishon LeZion Municipality
Eti Peleg, Rishon LeZion Municipality
Keren Huri, Group Leader, Rishon LeZion
Mor Sonnenfeld, Group Leader, Rishon LeZion
Eti Vaknin, Dimona Municipality
Jacqueline Ivgi, Dimona Municipality
Ella Teodor, Group Leader, Dimona
Reut Baruch, Group Leader, Dimona
Mali Shor, Jerusalem Municipality
Anna Katzman, Jerusalem Municipality
Vered Meller Davidson, Jerusalem Municipality
Netta Kreiner, Group Leader, Pisgat Zeev
Judith Seidler, Group Leader, Pisgat Zeev
Adv. Efrat Zangen, Alumni
Assaf Horen, Alumni
Lior Birnbaum, Alumni
Lael Reiss, Alumni
Michal Fuchs, Alumni
Noa Birman, Alumni
Noga Yaniv, Alumni
Miral Alter, Alumni
Zohar Klein, Alumni



Psychology track, Tel Aviv University

Access for All Program

In each of our lessons, alongside knowledge, is also learned a lesson about personal and social power, that could change the world.



Over 20,000 participants successfully completed their studies (2,300 each year)



More than 700 instructing-students participated in the program (90 each year)

4 Subjects of study



Law



Medicine



Psychology



Business Administration

4 Universities



More than 50 local municipalities work collaboratively with the program

The **Access for All** program acts to open the gates of universities in Israel to disadvantaged populations in an effort to promote an equal society.



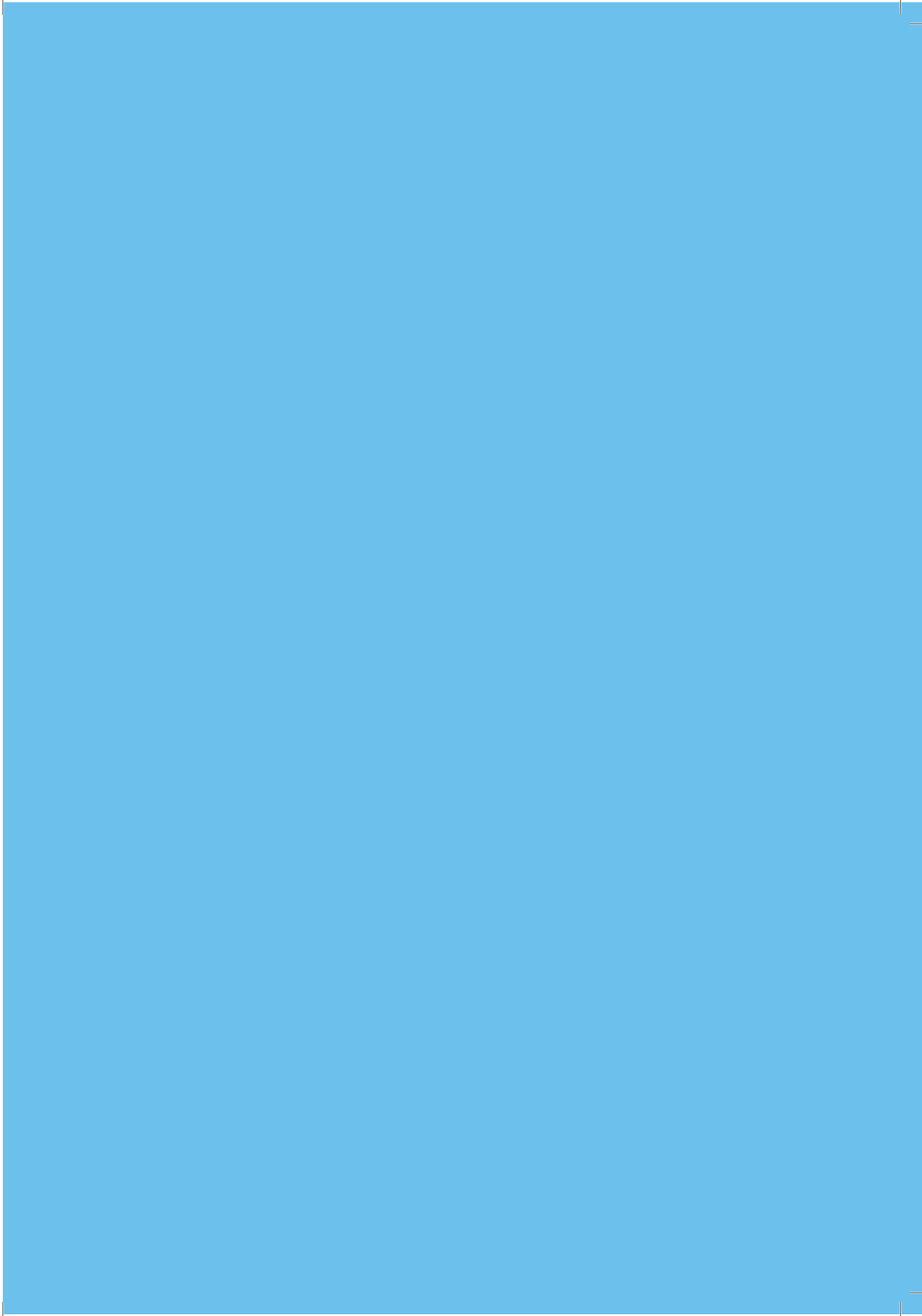
Encouraging responsibility and awareness

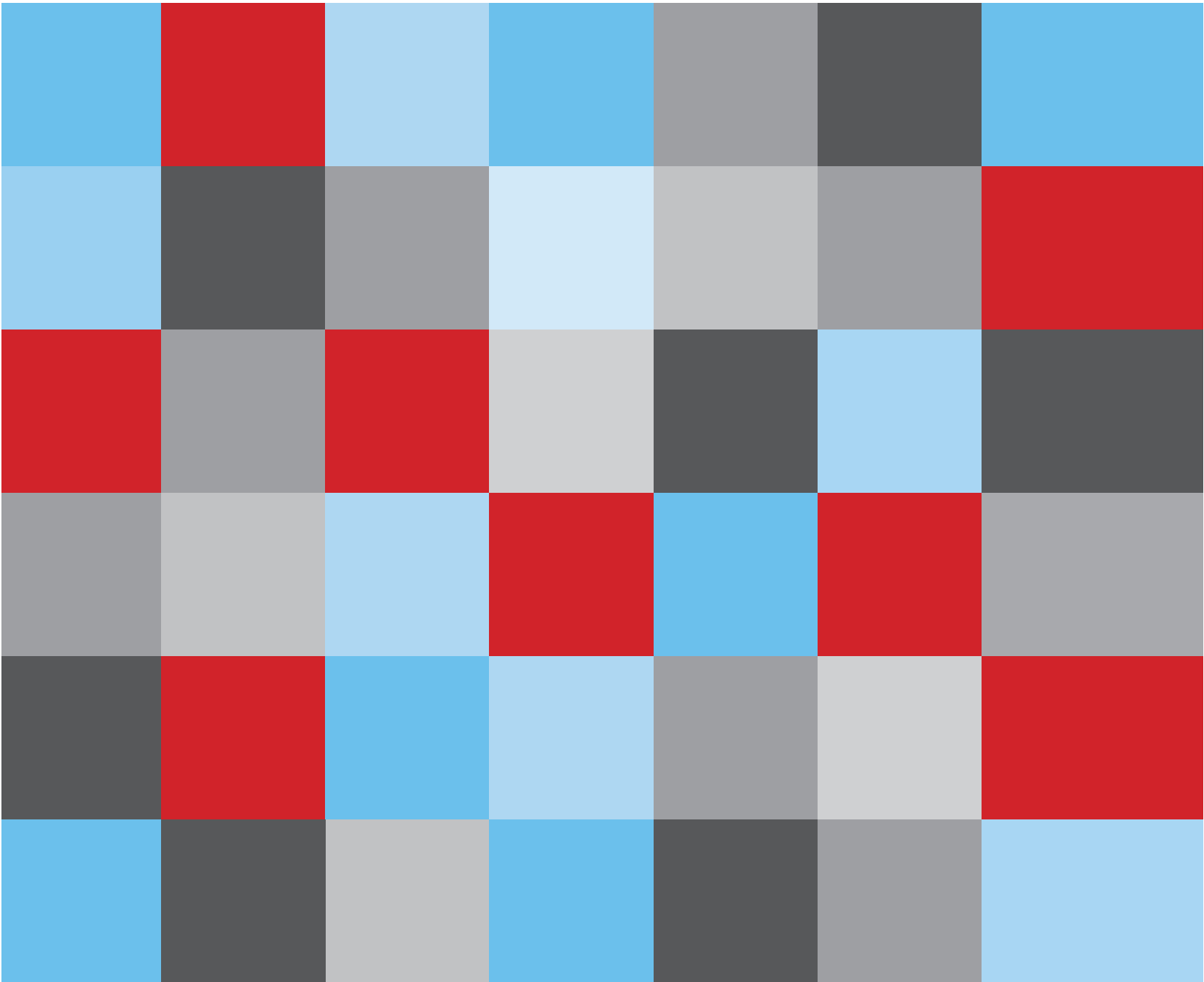


Creating meeting points among diverse population groups



Equalizing opportunities and narrowing knowledge and education gaps





אוניברסיטה בעם
הידע מגיע לכולם