MATANEL FOUNDATION

ACTIVITY REPORT

Program: Perach Zahav Mechinat Yeruham - Kulna
Year: 2020

Please present your activity report according to the following lines. The whole rapport will not exceed 2 or 3 pages (as word document).

Name of the Program: Perach Zahav - Mechinat Yeruham
Year of activity: 2020

Name of the report's writer: Noam Vax
Function of the report's writer: Director - Yeruham Premilitary Mechina Program

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https://www.facebook.com/mechinatyeruham/

Number of active participants in the program: 50

Estimated number of impacted participants: 30

Give the actually state of the program (where the program stands at the date of the activity report, no more than ten lines):

Due to COVID - 19 we had to pivot some of the program elements as the young adults participants were not allowed to meet in the elderly home. We had to adapt and think creatively how we can still create a connection and impact between our young adults and elderly in Yeruham, even though they can't meet face to face. We were able to be active and offer different services for elderly during the lockdown - Shopping for groceries, medications prescription pick ups, clean ups and Succah building (during the 2nd lockdown)
Prior to Rosh Hashana, we initiate a Rosh Hashana gift box delivery for Yeruham elders, planned and organized by our young participants. During Hanuuka we initiate a musical events in the ribersborgs bringing joy, music and Sufganiyot to the elders in the neighborhood.

The main achievements during the last year of activity (main achievements, number of events, number of participants, etc.):

Main achievement was being able to shift our program successfully, with COVID - 19 regulations - shifting from face to face regular meetings to helping the elderly in everything they need.
The participants learned about about compassion, how to give from themselves during challenging times. They were able to have a better understanding of the local Yeruham community and they
learned a lot about their relationships with the elders in their own family - parents, grandparents etc. Many of the participants still stay in touch with the elders they met on the program.

The evaluation (methodology, results, comparisons with the precedent year, conclusions for the future...):

*We are able to establish this program as an important element of our volunteering part of the educational Mechina program and to establish the volunteering work in Yeruham. We would like to include more students and participants into this program and help them build an interesting social environment for the local elderly. scaling it from 50 participants to 100 and creating more ways and projects to connect with the elderly in different ways.*

Provisional guidelines for the advancement of the program in the next year:

*We would like to widen our work with the elderly in Yerucham. In order to make a bigger impact on the connection between the elderly and our young adults. We would like to offer different ways to connect to different elderly: Planning more social events such as Chess tournaments, Private Hebrew lessons, Shopping helpers and generally having a consistent connection with the municipality elderly office in order to help them as much as we can in what they see as must for them.*

Please join the Evaluation Report, the Financial Report and the list of the participants to the program (as PDF documents) Attached to email

Please join photos – as JPG files – and any link or any other document connected to the program which will seems to you relevant – as PDF document. Attached to email

Attached to email

Please join a 5 minutes movie which presents your institution and the particular project supported by the Matanel Foundation. The movie should be accessible to the philanthropic world and to other potential donors

Attached to email